

# This Is What It Takes

LINEDANCE.COM

**Count:** 32

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Julia Wetzel - Feb. 2016

**Music:** This Is What It Takes by Shawn Mendes (Album: Handwritten), Length: 3:50

**Intro: 16 counts (approx. 12 seconds into track, start on lyrics "Watch")**

**[1 - 9] R Basic, Side, Behind,  $\frac{1}{4}$ , Step,  $\frac{1}{2}$  Pivot,  $\frac{1}{4}$  Side, Behind,  $\frac{1}{4}$ , Cross Rock**

- 1, 2&** Step R to right side (1), Close L behind R (2), Cross R over L (&) 12:00
- 3, 4&** Step L to left side (3), Step R behind L (4),  $\frac{1}{4}$  Turn left step L fw (&) 9:00
- 5 - 7** Step R fw (5), Pivot  $\frac{1}{2}$  turn left step L fw (6),  $\frac{1}{4}$  Turn left step R to right side (7) 12:00
- 8&1** Step L behind R (8),  $\frac{1}{4}$  Turn right step R fw (&), Cross rock L over R (1) 3:00

**[10 - 16] Recover, Side, Cross Rock, Recover,  $\frac{1}{4}$ ,  $\frac{3}{4}$  Spiral, Side, Cross, Side, Touch**

- 2&3** Recover on R (2), Step L to left side (&), Cross rock R over L (3) 3:00
- 4&5** Recover on L (4),  $\frac{1}{4}$  Turn right step R fw (&), Step L fw and spiral  $\frac{3}{4}$  turn right on L (5) 3:00
- 6&7** Step R to right side (6), Cross L over R (&), Step R to right side (7) 3:00
- 8** Touch L next to R lowering body by bending both knees (8) 3:00

**[17 - 24]  $\frac{1}{4}$  Sweep, Diag. Shuffle with  $\frac{1}{4}$  Hitch, Diag. Shuffle, Diag. Step, Touch,  $\frac{1}{2}$  Unwind L**

- 1** Rise up and make  $\frac{1}{4}$  turn left stepping L fw while sweeping R from back to front (1) 12:00
- 2&3** Step R fw slightly cross L (10:30) (2), Step L next to R (&), Step R fw slightly cross L (10:30) and turn  $\frac{1}{4}$  right on ball of R while hitching L (now facing 1:30) (3) Note: Move towards 10:30 while shuffling 1:30
- 4&5** Step L fw slightly cross R (1:30) (4), Step R next to L (&), Step L fw slightly cross R (1:30) (5) Note: Move toward 1:30 while shuffling 1:30
- 6 - 8** Step R fw to right diag. and square body to 12:00 (6), Touch L behind R (7), Unwind  $\frac{1}{2}$  turn left ending with L over R and weight mostly on L, bending both knees slightly (8) 6:00

**[25 - 32]  $\frac{1}{2}$  Unwind R Sweep, Behind, Side, Rock, Recover,  $\frac{1}{4}$ , Cross,  $\frac{1}{4}$ ,  $\frac{1}{2}$  Sweep, Touch**

- 1** Unwind  $\frac{1}{2}$  turn right on L sweeping R from front to back (1) 12:00
- 2&3** Step R behind L (2), Step L to left side (&), Rock R fw (3) 12:00

**4&5** Recover on L (4),  $\frac{1}{4}$  Turn right step R to right side (&), Cross L over R (5) 3:00

**6 - 8 $\frac{1}{4}$  Turn left step R back (6),  $\frac{1}{2}$  Turn left step L fw sweeping out R as if drawing a large CCW circle on the floor (7), Touch R next to L (8) Optional styling for arms during sweep:  
See my demo 6:00**

**Tag: At the end of Wall 3 facing 6:00, do the following 16 counts before starting Wall 4 facing 6:00**

**[1 - 8] R Basic, Side, Behind,  $\frac{1}{4}$ , Step,  $\frac{1}{2}$  Pivot,  $\frac{1}{4}$  Side, Touch**

**1, 2&** Step R to right side (1), Close L behind R (2), Cross R over L (&) 6:00

**3, 4&** Step L to left side (3), Step R behind L (4),  $\frac{1}{4}$  Turn left step L fw (&) 3:00

**5 - 8** Step R fw (5), Pivot  $\frac{1}{2}$  turn left step L fw (6),  $\frac{1}{4}$  Turn left step R to right side (7), Touch L next to R (8) 6:00

**[9 - 16] L Basic, Side, Behind,  $\frac{1}{4}$ , Step,  $\frac{1}{2}$  Pivot,  $\frac{1}{4}$  Side, Touch**

**1, 2&** Step L to left side (1), Close R behind L (2), Cross L over R (&) 6:00

**3, 4&** Step R to right side (3), Step L behind R (4),  $\frac{1}{4}$  Turn right step R fw (&) 9:00

**5 - 8** Step L fw (5), Pivot  $\frac{1}{2}$  turn right step R fw (6),  $\frac{1}{4}$  Turn right step L to left side (7), Touch R next to L (8) 6:00

**Ending At the end of Wall 9 dance up to Count 15, then make  $\frac{1}{4}$  turn left on R to face 12:00 and point L fw**

**Contact: [JuliaLineDance@gmail.com](mailto:JuliaLineDance@gmail.com), [www.JuliaWetzel.com](http://www.JuliaWetzel.com)**