

STATIONARY WALTZ

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Count: 24

Wall: 4

Level: intermediate partner dance

Choreographer: Bob Izral

Music: Rockin' Years by Ricky Van Shelton & Dolly Parton

Position: Right dancing skaters position

Partners follow identical footwork throughout the pattern. This waltz is an adaptation of the "Stationary Cha-cha" to waltz rhythm. It works best with slower waltz songs

WALTZ ROCK STEPS

- 1 Step left forward
- 2 Rock right forward
- 3 Step left backward
- 4 Step right backward
- 5 Rock left backward
- 6 Step right forward

STEP, PIVOT, ROCK STEP; STEP, PIVOT, ROCK STEP

- 1 Step left forward
- & Pivot $\frac{1}{2}$ right on ball of left foot

Partners are now in left dancing skaters position

- 2 Rock right backward
- 3 Step left forward
- 4 Step right forward
- & Pivot $\frac{1}{2}$ left on ball of right foot

Partners return to right dancing skaters position

- 5 Rock left backward
- 6 Step right forward

QUARTER TURN, STEP, PIVOT, ROCK; STEP, STEP, PIVOT, ROCK

- 1 Step on left foot turning $\frac{1}{4}$ right

Lady steps in place, man steps around to remain at lady's side

2 Step right forward

Release right hands and raise left hands

& Pivot $\frac{1}{2}$ left on ball of right foot

3 Rock left backward

4 Step right forward

5 Step left forward

& Pivot $\frac{1}{2}$ right on ball of left foot

6 Rock right backward

Rejoin right hands returning to right dancing skaters position

WALTZ BALANCE STEPS

1 Step left forward

2 Touch right toe next to left instep

3 Hold

4 Step right backward

5 Touch left toe next to right instep

6 Hold

REPEAT