

# Slow Boat

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**Count:** 64                      **Wall:** 2                      **Level:** Improver

**Choreographer:** Regina Turnbull. Moruya. Nsw. Australia. (Aug 2009)

**Music:** "Slow Boat" by Bette Midler. Album: "Greatest Hits"

## Original Position: Feet Together Weight On The Left Foot.

## This Dance Is Done In TWO Directions. Introduction : 48 Beats

### Vine Right & Touch, Vine Left & Touch

- 1, 2            Vine : Step R To The Side, Step L Behind Right,  
3, 4            Step R To The Side, Touch L Together,  
5, 6            Vine : Step L To The Side, Step R Behind Left,  
7, 8            Step L To The Side, Touch R Together.

### Forward, Touch, Back, Touch, Back, Touch, Forward, Touch

- 1, 2            Step R Forward At 45° Right, Touch L Together & Clap,  
3, 4            Step L Back To Centre, Touch R Together & Clap,  
5, 6            Step R Back At 45° Right, Touch L Together & Clap,  
7, 8            Step L Forward At Centre, Touch R Together & Clap.##

### Back, Back, Back, Hitch, Forward, Forward, Forward, Touch

- 1, 2            Step R Back, Step L Back,  
3, 4            Step R Back, Hitch L,  
5, 6            Step L Forward, Step R Forward,  
7, 8            Step L Forward, Touch R Together.

### Heel, Together, Heel, Together, Heel Split, Heel Split

- 1, 2            Touch R Heel Forward At 45° Right, Step R Together,  
3, 4            Touch L Heel Forward At 45° Left, Step L Together,  
5, 6            Split Both Heels Apart, Bring Both Heels Together,  
7, 8            Split Both Heels Apart, Bring Both Heels Together.

### Vine Right & Touch, Vine Left ¼ Turn & Touch

- 1, 2 Vine : Step R To The Side, Step L Behind Right,  
3, 4 Step R To The Side, Touch L Together,  
5, 6 Vine : Step L To The Side, Step R Behind Left,  
7, 8 Turn 90° Left Step L Forward, Touch R Together.

### **Hip, Hip, Hip, Hip, Vine Right & Touch**

- 1, 2 Step R To The Side Push Hips Right, Push Hips Left,  
3, 4 Push Hips Right, Push Hips Left,  
5, 6 Vine : Step R To The Side, Step L Behind Right,  
7, 8 Step R To The Side, Touch L Together.

### **Vine Left ¼ Turn & Touch, Hip, Hip, Hip, Hip**

- 1, 2 Vine : Step L To The Side, Step R Behind Left,  
3, 4 Turn 90° Left Step L Forward, Touch R Together,  
5, 6 Step R To The Side Push Hips Right, Push Hips Left,  
7, 8 Push Hips Right, Push Hips Left.

### **“V” Step, “V” Step**

- 1, 2 Step R Forward At 45° Right, Step L To The Side,  
3, 4 Step R Back To Centre, Step L Together,  
5, 6 Step R Forward At 45° Right, Step L To The Side,  
7, 8 Step R Back To Centre, Step L Together.

### **[64] Repeat The Dance In New Direction**

**RESTART : On WALL 3 Dance To BEAT 16 ( ## ) Then Restart Facing The FRONT.**

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