

# SCARED OF HEIGHTS

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**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Cato Larsen (Sept 08)

**Music:** Scared Of Heights by Espen Lind (CD: Army Of One (08) [78bpm])

**Intro: Start at vocals after 16 counts (12 seconds).**

**(1-8) Step, Spiral Turn, Mambo Step, Sweep, Weave, Recover Into Monterey Turn.**

- 1,2 Step forward on left (1), Pivot (spin) full turn right on ball of left (2). [12:00]
- 3& Step forward on right (3), Rock (recover) back again onto left (&).
- 4 Step back on right and Sweep left foot out and around behind right (4).
- 5&6 Step left behind right (5), Step right to right side (&), Step left across of left (6).
- 7& Rock (recover) back again onto right (7), Step left to left side (&).
- 8 Point right toe to right side (8).

**(9-16) Complete  $\frac{3}{4}$  Monterey Turn, Step, Side Rock & Cross,  $\frac{1}{4}$  Pivot Turn Twice, Cross, Side, Cross Rock, Side.**

- 1,2 Pivot (spin)  $\frac{3}{4}$  turn right Hooking right up to left chin (1), Step forward on right (2). [9:00]
- 3& Step left to left side (3), Rock (recover) back again onto right (&).
- 4 Step left across of right (4).
- & Pivot  $\frac{1}{4}$  turn left Stepping back on right (&). [6:00]
- 5 Pivot  $\frac{1}{4}$  turn left Stepping left to left side (5). [3:00]
- &6 Step right across of left (&), Step left to left side (6).
- 7& Cross right behind left (7), Rock (recover) forward again onto left (&).
- 8 Step right to right side (8).

**(17-24) Modified Suzy Q's,  $\frac{1}{4}$  Pivot Turn Twice, Cross Rock,  $\frac{1}{4}$  Turn.**

- 1 Step left heel across of right (1).
- & Swivel left toe to left "grinding" left heel and Step right slightly to right side (&).
- 2 Step left next to right in 3rd position (2).
- & Step right heel across of left (&).
- 3 Swivel right toe to right "grinding" right heel and Step left slightly to the left side (3).

**&4** Step right to right side (&), Step left across of right (4).

**RESTART: Restart from here on 3rd wall. You will be facing 9:00. Just add this before you restart:**

**Step Ball Of Right Slightly Right (&), Start The Dance From The Top Stepping Forward On Left On Count 1. [9:00]**

**5** Pivot  $\frac{1}{4}$  turn left Stepping back on right (5). [12:00]

**6** Pivot  $\frac{1}{4}$  turn left Stepping left to left side (6).

**7&** Step right across of left (7), Rock (recover) back again onto left (&).

**8** Pivot  $\frac{1}{4}$  turn right Stepping forward on right (8).

**RESTART: Restart herfra på vegg nr. 6. Du vil face kl. [3:00]**

**(25-32) Side Rock, Cross, Back, Back, Cross,  $\frac{1}{4}$  Turn Step Forward**

**1&** Step left to left side (1), Rock (recover) back again onto right (&).

**2** Step left diagonal forward right across of left (2). [1:30]

**&** Step right diagonal back right (&). [1:30]

**3** Turn upper body to left diagonal and Step left diagonal back left (3). [10:30]

**&** Step right across of left (&). [10:30]

**4** Pivot  $\frac{1}{4}$  turn left Stepping forward on left (4). [7:30]

**5&** Step forward on right (5), Rock (recover) back again onto left (&).

**6** Step right next to left (6).

**&7** Step forward on left (&), Rock (recover) back again onto right (7).

**&** Pivot  $\frac{1}{2}$  turn left Stepping forward on left (&). [1:30]

**8** Pivot  $\frac{3}{8}$  turn left Stepping right slightly diagonal back right (8). [9:00]