

# Shake It Off

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**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Mamalinedance Mei Kwo (Jan 2015)

**Music:** Shake It Off by Taylor Swift

## **Intro: 16 counts - No Tag, No Restart**

### **TOE,HEEL,CROSS FRONT OF LEFT/RIGHT, HOLD**

- 1-2**      Touch R toe to L instep (with bent R knee), Touch R heel forward
- 3-4**      Right cross front of Left, hold (4).
- 5-6**      Touch L toe to R instep (with bent R knee), Touch L heel forward
- 7-8**      Left cross front of Right, Hold (8).

### **VINE RIGHT, VINE LEFT**

- 1-2**      Step right to right side, cross left behind right,
- 3-4**      Step right to right side, Brush left
- 5-6**      Step left to left side, cross right behind left,
- 7-8**      Step left to left side, Brush with right

### **TOE STRUTS (SHAKE IT), ROCKING CHAIR**

- 1-4**      Touch R toe forward, drop R heel, touch L toe forward, drop L heel
- 5-8**      Rock R forward, recover onto L, rock R back, recover onto L

### **TOE STRUTS (SHAKE IT), JAZZ BOX ¼ TURN RIGHT(3.00)**

- 1-4**      Touch R toe forward, drop R heel, touch L toe forward, drop L heel
- 5-8**      Step R over L, step back, step R ¼ turn right, step L next to R (3:00)

## **START OVER!**

## **ENJOY!**

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**Last Update - 16th Jan 2015**