

# Twist & Twist Salsa

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**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Virginia W. F. Tsui – May 2018

**Music:** Let's Talk About Sex by Salt N Pepa

## #32 count intro

### WALK FORWARD X3, KICK, STEP BACK TWICE, COASTER STEP

- 1 - 4 Step left forward, step right forward, step left forward, kick right forward
- 5 - 6 Step right back, step left back
- 7 & 8 Step right back, step left next to right, step right forward

### WALK FORWARD X3, KICK, STEP BACK TWICE, COASTER STEP

- 9 - 12 Step left forward, step right forward, step left forward, kick right forward
- 13- 14 Step right back, step left back.
- 15&16 Step right back, step left next to right, step right forward

### SAILOR STEP, UNWIND ½ TURN RIGHT, JUMP APART & CLOSE FEET

- 17 & 18 Cross left over right foot, step right to side, step left in place
- 19 & 20 Cross right over left foot, step left to side, step right in place
- 21 - 22 Cross left over right and make a ½ turn right
- 23 - 24 Jump both feet apart, jump both feet together

### TWIST HEELS & TOES TO LEFT, SLIDE TOGETHER, TWIST HEELS & TOES TO RIGHT, SLIDE TOGETHER

- 25 & 26 Twist both heels to left, twist both toes to left, twist both heels to left
- 27 - 28 Step right to side, slide left next to right
- 29 & 30 Twist both heels to right, twist both toes to right, twist both heels to right
- 31 - 32 Step left to side , slide right next to left

## **MAMBO STEP, MAMBO TOUCH, TOE TOUCH OUT IN OUT, JUMP UP, ¼ TURN LEFT, STOMP**

- 33 & 34** Step left forward, step right in place, step left next to right
- 35 & 36** Step right backward, step left in place, touch right next to left
- 37 & 38** Touch right toe to side, touch right toe next to left, touch right toe to side
- 39 & 40** Jump on left, turn ¼ left while lift right foot up & step right next to left, stomp left next to right (weight on right)

## **CUCARACHA, CUBAN BREAK**

- 41 & 42** Step left to side, step right in place, step left next to right
- 43 & 44** Step right to side, step left in place, step right next to right
- 45 &** Step left forward, step right in place.
- 46 &** Step left backward, step right in place.
- 47 & 48** Step left forward, step right in place, step left next to right

## **VINE RIGHT, SYNCOPATED HEEL MOVEMENT, VINE LEFT, SYNCOPATED HEEL MOVEMENT**

- 49 - 50** Step right to side, step left behind right
- 51 & 52** Touch right heel forward, step right next to left, touch left heel forward
- 53 - 54** Step left to side, step right behind left
- 55 & 56** Touch left heel forward, step left next to right, touch right heel forward

## **JAZZ BOX ¼TURN RIGHT, SCUFF, JAZZ BOX ¼TURN LEFT, SIDE, TOGETHER**

- 57 - 58** Cross right over left, step left back & make a ¼ turn right
- 59 - 60** Step right to side, scuff left forward.
- 61 - 62** Cross left over right, step right back & make a ¼ turn left
- 63 - 64** Step left to side left, step right foot next to left

## **REPEAT**