

# The Art of Letting Go

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**Count:** 32      **Wall:** 2      **Level:** Advanced

**Choreographer:** Winson EWS

**Music:** The Art of Letting Go by Mikaila

**Intro: 16 counts, approx 15 mins**

**Step Forward, Pivot Full Turn R, Ronde, Behind Side Cross, Sweep, Cross Side, Back Rock, Recover,  $\frac{1}{4}$  R,  $\frac{1}{4}$  R**

- 1** Step R foot forward
- 2&3** Step L foot forward, turn  $\frac{1}{2}$  R (weight on your R foot), turn another  $\frac{1}{2}$  R stepping L foot back while sweeping R foot from front to back
- 4&5** Cross R foot behind L foot, step L foot to L side, cross R foot over L foot sweeping L foot from back to front
- 6&** Cross L foot over R foot, step R foot to R side
- 7&** Rock L foot back facing L diagonal, recover weight on R foot
- 8&** Turn  $\frac{1}{4}$  R stepping L foot back, turn another  $\frac{1}{4}$  R stepping R foot to R side (weight on R foot)

**$\frac{1}{4}$  R L Nightclub Basic, R Nightclub Basic,  $\frac{1}{4}$  L, Pivot  $\frac{1}{2}$  L, Forward, Spiral Full Turn L**

- 1-2&** Turn  $\frac{1}{4}$  R stepping L foot to L side, rock R foot behind L foot slightly cross behind L foot, recover weight on L foot
- 3-4&** Stepping R foot to R side, rock L foot behind R foot slightly cross behind R foot, recover weight on R foot
- 5** Turn  $\frac{1}{4}$  L stepping L foot forward
- 6&7** Step R foot forward, turn  $\frac{1}{2}$  L, step R foot forward (weight on R foot)
- 8&** Step L foot forward, make a full turn R crossing R foot over L foot

**Lunge, Run Back X3, Ronde, Behind Side Cross Rock, Recover, Side, Cross Weave**

- 1** Press R foot forward (weight on your R foot)
- 2&3** Run L foot back, run R foot back, run L foot back sweeping R foot from front to back
- 4&5** Cross R foot behind L foot, step L foot to L side, cross rock R foot over L foot facing L diagonal
- 6&7** Recover weight on L foot, step R foot to R side, cross L foot over R foot

**&8&** Step R foot to R side, cross L foot behind R foot, step R foot to R side \*\*\*

**1/8 R Forward, 5/8 Pirouette Turn L, Forward, Full Turn R, Forward, Full Turn L, Forward Rock, Recover, Back Together**

- 1** Turn 1/8 R stepping L foot forward slightly cross over R foot
- 2-3** Turn 5/8 turn L hitching R foot in a figure 4 style, step R foot forward
- 4&5** Turn ½ R stepping L foot back, turn ½ R stepping R foot forward, step L foot forward
- 6&7** Turn ½ L stepping R foot back, turn ½ L stepping L foot forward, rock R foot forward
- &8&** Recover weight on L foot, step R foot back, step L foot together with R foot

**Restart: On wall 3, dance up to 24 + & counts, instead of stepping R foot to R side, touch R toes beside L foot and then start again.**

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**Last Revision - 5th June 2012**