

# Up-Nea

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**Count:** 64      **Wall:** 2      **Level:** Intermediate

**Choreographer:** Alvaro Arienti - July 2017

**Music:** "Better Than This" by Dan Johnson & the Salt Cedar Rebels

## **S1: POINT, KICK, COASTER STEP, POINT, KICK, COASTER STEP**

1-2point R toe beside L, kick R diag (2:00)

3&4step R back, step L beside R, step R fwd

5-6point L toe beside R, kick L diag (10:00)

7&8step L back, step R beside L, step L fwd

## **S2: SHUFFLE FWD, TURN & SHUFFLE BACK, BACK ROCK, WALK**

1&2step R fwd, step L beside R, step R fwd

3&4turn ½ R & step L back, step R beside L, step L back

5-6step R back, recover on L

7-8step R fwd, step L fwd

## **S3: (STEP SIDE, POINT) X5, STEP SIDE**

1-4step R side, point L toe beside R, step L side, point R toe beside L

&5&6(jumping) step R side, point L toe beside R, step L side, point R toe beside L

&7-8(jumping) step R side, point L toe beside R, step L side

## **S4: JAZZ BOX, ROCKIN' CHAIR**

1-4cross R over L, step L back, step R side, step L fwd

5-8step R fwd, recover on L, step R back, recover on L

**(Restart on 4th wall)**

## **S5: TURN & STEP, KICK, COASTER STEP, SKATE X4**

**1-2turn ½ L & step R back, kick L fwd**

**3&4step L back, step R beside L, step L fwd**

**5-8skate R fwd, skate L fwd, skate R fwd, skate L fwd**

### **S6: SHUFFLE FWD, ROCK STEP, TURN & SHUFFLE SIDE, SHUFFLE CROSS**

**1&2step R fwd, step L beside R, step R fwd**

**3-4step L fwd, recover on R**

**5&6turn ¼ L & step L side, step R beside L, step L side**

**7&8cross R over L, step L beside R, step R to L**

### **S7: TURN & HEEL SWITCH, STOMP UP, SCISSOR STEP X2 (OPTIONAL: SYNCOPATED SIDE ROCK)**

**1&2&turn ¼ L & point L heel fwd, recover on L, point R heel fwd, recover on R**

**3&4point L heel fwd, recover on L, stomp R beside L**

**5&6step R side, step L beside R, cross R over L (optional: step R side, recover on L, step R beside L)**

**7&8step L side, step R beside L, cross L over R (optional: step L side, recover on R, step L beside R)**

### **S8: ROCKIN' CHAIR, TURNING TOE STRUTT FWD**

**1-4step R fwd, recover on L step R back, recover on L**

**5-8point R toe fwd, turn ½ L & heel down, point L toe back, turn ½ L & heel down**

**Repeat**

**Restart after 32 counts on 4th wall**

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