

Sad Old Country Song

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Count: 64

Wall: 2

Level: Intermediate

Choreographer: Glenda Silver (Gunnedah) Jan 2015

Music: Sad Old Country Song - Paul Costa Album; Wheels & Steel, (iTunes)

#16 count intro.

S1: TOE HEEL R, ROCK & CROSS R, TOE HEEL L, ROCK & CROSS L

1,2,3,&4 Keeping weight on left ,toe heel right foot next to left, rock right to the side and cross right over left.

5,6,7,&8 Keeping weight on right, toe heel left next to right, rock left to the side and Cross left over right.

S2: SIDE RIGHT TOGETHER, SIDE SHUFFLE RIGHT,CROSS ROCK x 2

1, 2,3&4 Step right to the side, together with left, side shuffle R.L.R

5,6,7,8 Cross left over right replace back onto right ,cross left over right replace (cross rock).

S3: SIDE L TOGETHER, SIDE SHUFFLE LEFT ,CROSS RIGHT x2

1,2,3&4 Step left to the side, together with right, side shuffle L.R.L. (*)

5,6,7,8 Cross right over left replace onto left, cross right over left replace (cross rock).

S4: POINT R CROSS BEHIND, POINT L CROSS BEHIND, POINT R CROSS BEHIND, POINT L TO THE SIDE TOGETHER.

1,2,3,4 Point right to the side cross behind left, weight on right, point left to the side Cross behind right, weight on left.

5,6,7,8 Point right to the side cross behind left, weight on left, point left to the side & Together.

S5: ROCK R,CROSS SHUFFLE 1/2TURN R,CROSS SHUFFLE

1, 2,3&4 Rock right to the side, replace weight on left, cross shuffle right in front of left R,L,R.

5, 6,7&8 Stepping back on left, turn ¼ right, weight on left, turn ¼ right to the side, weight on right ,cross shuffle left in front of right L.R.L

S6: SIDE RIGHT HOLD, TOGETHER, SIDE TOUCH R & L.

1, 2,&3,4 Side step right hold ,together left side step right touch left next to right

5,6,&7,8 Side step left hold, together right, side step left touch right next to left.

**S7: TOE STRUT BACK R TOGETHER L, TOE STRUT BACK R , TOGETHER L. ROCK BACK
REPLACE ONTO L ROCK FORWARD R REPLACE ON L**

1,2,&3,4& Toe strut right foot back, touch left beside right (weight on left), toe strut right foot back,
touch left beside right (weight on left)

5,6,7,8 Rock back onto right replace onto left, rock forward onto right replace back onto left.

**S8: TURN 180 Deg R SHUFFLE FORWARD, TURN 180 Deg R SHUFFLE BACK ROCK BACK
AND FORWARD, WALK FORWARD.**

1&2,3&4 Turn 180 Deg right on left foot, shuffle forward R L R , continue turning right 180 Deg right
shuffle back L R L.

5,6,7,8 Rock back onto right foot, replace onto left, walk forward R.L.

**TAG; After 2nd wall facing front , rock right to the side replace onto left. triple step R L
R , on the spot .Repeat on the left side.**

**RESTART; Dance to beat 24 wall 5 (short wall facing front.). Restart now becomes wall
6 facing front .**

**FINISH; * Will be facing back wall, (wall 7). Dance first 20 beats unwind right over left
turning 180 Deg left to finish facing the front.**

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