

Relieve The Pressure

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Count: 32 **Wall:** 4 **Level:** Easy Intermediate

Choreographer: Phoenix Adamson - Hamilton, NZ (May 2014)

Music: Just A Little Bit by Kids Of 88

Intro: 64 Counts

ROCK RECOVER, KICK - BALL - STEP, ½ PIVOT, SHUFFLE ½ TURN

- 1 - 2 - 3 & 4** Rock Back On Right, Recover Onto Left, Kick Right Forward (3), Close Right Beside Left (&), Step Forward On Left (4)
- 5 - 6 - 7 & 8** Step Forward On Right, ½ Pivot Left, Making ½ Turn Left Shuffle Back Stepping Right (7) - Left (&) - Right (8)

ROCK RECOVER, KICK - BALL - STEP, ½ PIVOT, SHUFFLE ½ TURN

- 1 - 2 - 3 & 4** Rock Back On Left, Recover Onto Right, Kick Left Forward (3), Close Left Beside Right (&), Step Forward On Right (4)
- 5 - 6 - 7 & 8** Step Forward On Left, ½ Pivot Right, Making ½ Turn Right Shuffle Back Stepping Left (7) - Right (&) - Left (8)

SIDE - HOLD, CLOSE - SIDE - SCUFF, CROSS ROCK, SHUFFLE ¼ TURN

- 1 - 2** Step Right To Side, HOLD
- & 3 - 4** Close Left Beside Right (&), Step Right To Side, Scuff Left
- 5 - 6 - 7 & 8** Rock Left Over Right, Recover Onto Right, Making ¼ Turn Left Shuffle Forward Stepping Left (7) - Right (&) - Left (8) (9 O'Clock)

SIDE - TOUCH, ¼ TOUCH - ¼ TOUCH, ROCK RECOVER, FORWARD - TOUCH

- 1 - 2** Step Right To Side, Touch Left Beside Right
- & 3 & 4** Making ¼ Turn Left Step Forward On Left (&), Touch Right Beside Left, Making ¼ Turn Left Step Right To Side (&), Touch Left Beside Right
- 5 - 6 - 7 - 8** Rock Back On Left, Recover Onto Right, Step Forward On Left, Touch Right Beside Left (3 O'Clock)

REPEAT

TAG: On Completion Of Wall 3 (Facing 9 O'Clock) There Is An 8 Count Tag

SIDE ROCK, COASTER, ROCK RECOVER, BACK - POINT

1 - 2 - 3 & 4 Rock Right To Side, Recover Onto Left, Step Back On Right (3), Close Left Beside Right (&), Step Forward On Right (4)

5 - 6 - 7 - 8 Rock Forward On Left, Recover Onto Right, Step Back On Left, Point Right To Side

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=98628