

# You Better Stop

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**Count:** 32                      **Wall:** 2                      **Level:** Advanced

**Choreographer:** Stephen Rutter & Claire Butterworth (U.K) July 2011

**Music:** Stop by Jamelia from "Bridget Jones - The Edge Of Reason" Soundtrack (63bpm)

**(16 Count Intro', starting on word "Given").**

**NOTE: The Dance Does Not Phrase Correctly With The Sam Brown Version.**

**Section 1- Sway, 1 ¼ Turn Left, Sweep, Cross, Back Step, Side Step, Cross Rock, Side Step, Cross, Sweep, Cross, Back Step, Side Step.**

1                      Sway right to right side

**2&aMake a quarter turn left stepping left forward, make a half turn left stepping back on right, make a half turn left stepping forward on left.**

3                      Sweep right foot around from back to front.

**4&aCross right over left, step back on left, step right to right side.**

5                      Cross rock left over right,

**6&aRecover weight onto right, step left to left side, cross right over left.**

7                      Sweep left foot around from back to front.

**8&aCross left over right, step back on right, step left to left side.**

**Section 2- Cross Rock, Side Step, Cross, Unwind Full Turn Right With Sweep, Weave, Sway, Cross, Side Step, Sway, Cross, ¼ Turn Left.**

1                      Cross rock right over left.

**2&aRecover weight onto left, step right to right side, cross left over right.**

3                      Unwind a full turn right sweeping right around from front to back on completion of turn.

**4&aCross right behind left, Step left to left side, Cross right over left.**

5                      Step left to left side swaying hips left.

**6&aRecover weight onto right, cross left over right, step right to right side.**

7                      Step left to left side swaying hips left.

**8&Recover weight onto right, cross left over right, make a quarter turn left stepping back onto right.**

**Section 3- ¼ Turn Left, Weave, Hip Sways (With Attitude), Coaster Step, Step Forward, Step Forward, Pivot ½ Turn Right, Step Forward.**

**1** Make a quarter turn left stepping left a large step to left side, dragging right towards left.

**2&Cross right over left, step left to left side, cross right behind left.**

**Tag: When dancing Wall 6 hold here for 3 counts, and then continue rest of dance.**

**3-4** Step left to left side swaying hips left, sway hips right.

**&5** Sway hips left, sway hips right.

**6&Step back on left, step right beside left, step forward on left.**

**7** Step forward on right.

**8&Step forward on left, pivot a half turn Right, Step forward on left.**

**Section 4- Spiral Full Turn Left, Shuffle ¼ Turn left (In A Curve), Prissy Walks, Side Rock & Cross, Side Step, Weave.**

**1** Step Forward on right and spin a full turn left, hitching left knee.

**2&Make an eighth turn left stepping forward on left, close right beside left, make an eighth turn left stepping forward on left.**

**3-5** Cross right over left, Cross left over right, cross right over left.

**6&Rock left to left side, recover weight onto right, cross left over right**

**Restart: When Dancing Wall 2, restart dance here.**

**7** Step right large step to right side dragging left up towards right.

**8&Cross left behind right, Step right to right side, cross left over right.**

**Restart & Tag.**

**When dancing wall 2 Dance 30 counts of dance only then restart dance.**

**When dancing wall 6 dance up to counts 16&a, then add a 3 count hold before continuing with rest of dance.**

**Enjoy!**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=83732](https://www.linedance.com/index.php?f=dance_view&id=83732)