

ROCK STEADY

LINEDANCE.COM

Count: 32

Wall: 4

Level: intermediate

Choreographer: Hillary Kurt

Music: Rock Steady by Bonnie Raitt With Bryan Adams

STEP LOCK, STEP SHUFFLE STEP, SCUFF, STEP LOCK, STEP SHUFFLE

- 1-2&** Step forward diagonally on right foot, lock left behind right, step right foot in place
- 3&4&** Shuffle forward diagonally on left foot (left, right, left), scuff right foot diagonally forward
- 5-6&** Repeat counts 1-2&
- 7&8** Shuffle forward on left (left, right, left)

SCOOT BACKWARDS STEP FORWARDX4, SWEEP STEPSX4 (OR MASH POTATO)

- &1** Scoot back on left while kicking right foot forward, step forward on right
- &2** Scoot back on right while kicking left foot forward, step forward on left
- &3** Scoot back on left while kicking right foot forward, step forward on right
- &4** Scoot back on right while kicking left foot forward, step forward on left
- &5&6** Sweep right behind left, step back on right, sweep left behind right, step back on left
- &7&8** Sweep right behind left, step back on right, sweep left behind right, step back on left

MONTEREY ¼, DOUBLE ROCKING CHAIR

- 1-2** Point right to right side, close right next to left making a ¼ turn right
- 3-4** Point left to left side, close left foot next to right. (3 o' clock)
- 5&** Rock forward on right, recover onto left
- 6&** Rock back on right, recover onto left
- 7&** Rock forward on right, recover onto left
- 8&** Rock back on right, recover onto left

WALK FORWARD, HEEL DIG, WALK BACK, REVERSE ½ PIVOT, AND STEP TOUCH

- 1-2** Walk forward right, left
- 3-4** Right heel dig forward, step back on right foot
- 5-6** Step back on left foot, keep weight on left foot and reverse ½ pivot right turn step onto right (9:00)

7-8 Step left forward, touch right next to left

REPEAT

RESTART

On wall 4 at end of section 3

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=36346