

# RUNNING THROUGH THE CHANGES LINEDANCE.COM

**Count:** 48

**Wall:** 4

**Level:** intermediate

**Choreographer:** Bob Reid

**Music:** Nothing I Can Do About It Now by Willie Nelson

## **ROCK, RECOVER, SHUFFLE TURN $\frac{1}{2}$ , ROCK, RECOVER, SHUFFLE**

**1-2-3&4** Rock back on left, recover on right, shuffle forward left, right, left making a  $\frac{1}{2}$  turn right

**5-6-7&8** Rock back on right, recover on left, shuffle forward right, left, right

## **ROCK, RECOVER, $\frac{1}{2}$ TURN SHUFFLE, STEP, $\frac{1}{4}$ TURN, VINE**

**1-2-3&4** Rock forward left, recover on right, shuffle back left, right, left making a  $\frac{1}{2}$  turn left

**5-6-7&8** Step forward on right, turn  $\frac{1}{4}$  left onto left, step right behind left, side left, cross right over left

## **SIDE, BEHIND, SIDE, HEEL FORWARD, BACK, CROSS, SIDE, BEHIND, SIDE, HEEL FORWARD, BACK, CROSS**

**1-2&3&4** Step side left, step right behind left, step back left, right heel forward, back right, cross left over right

**5-6&7&8** Step side right, step left behind right, step back on right, left heel forward, back left cross right over left

## **SHUFFLE $\frac{1}{4}$ TURN, SHUFFLE $\frac{1}{4}$ TURN, SHUFFLE, STEP BACK, TOUCH**

**1&2-3&4** Side left, together right, side left turning  $\frac{1}{4}$  right, side right, together left, side right turning  $\frac{1}{4}$  right

**5&6-7-8** Side left, together right, side left, step back on right, bring left back slightly and touch

## **CROSS, TURN $\frac{1}{4}$ , SHUFFLE, CROSS, TURN $\frac{1}{4}$ , SHUFFLE**

**1-2-3&4** Cross left over right, step back on right turning  $\frac{1}{4}$  left, side left, together right, side left

**5-6-7&8** Cross right over left, step back on left turning  $\frac{1}{4}$  right, side right, together left, side right

## **CROSS ROCK, TURN $\frac{1}{4}$ , SHUFFLE, STEP TURN $\frac{1}{4}$ , SAILOR STEP**

**1-2-3&4** Cross left over right, recover on right, turn  $\frac{1}{4}$  left and shuffle forward left, right, left

**5-6-7&8** Step forward right, turn  $\frac{1}{4}$  left onto left, step right behind left, side left, step right to right side

**REPEAT**

**TAG**

**The tag is done after the first and after the second rotations only**

**1-4**      Rock back on left, recover on right, rock forward on left, recover on right

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=36912](https://www.linedance.com/index.php?f=dance_view&id=36912)