

# Take It EZ

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**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Yeo Yu Puay , Malaysia (Oct '02)

**Music:** "Red Red Wine" by UB40 (Album: Labour of Love)

**Intro: 2 counts - on word "wine"**

**[1-8] FORWARD SHUFFLE, FORWARD ROCK; BACK SHUFFLE, BACK ROCK**

- 1&2**            Step L forward(1), Step R beside L(&), Step L forward(2)
- 3-4**            Rock R forward(3), recover weight onto L(4)
- 5&6**            Step R back(5), Step L beside(&), Step R back(6)
- 7-8**            Rock L back(7), recover weight onto R(8)

**RESTART HERE: on wall 3 (facing 6.00)**

**[9-16] SHUFFLE LEFT, BACK ROCK; SHUFFLE RIGHT, BACK ROCK**

- 1&2**            Step L to the left(1), step R beside L(&), step L to the left(2)
- 3-4**            Rock R back(3), recover weight onto L(4)
- 5&6**            Step R to the right(5), step L beside R(&), step R to the right(6)
- 7-8**            Rock L behind R(7), recover weight onto R(8)

**RESTART HERE on walls 6 (facing 12.00) and 9 (facing 6.00)**

**[17-24] ½ TURNING SHUFFLES - TRAVELLING TOWARDS 12.00 (2x); ROCKING CHAIR**

- 1&2**            Turning ¼ right, step L to left(1), Turning ¼ right, step R beside L(&), Step L back(2) (6.00)
- 3&4**            Turning ¼ right, step R to right(3), Turning ¼ right, step L beside R(&), Step R forward(4) (12.00)
- 5-6**            Rock L forward(5), recover weight onto R(6)
- 7-8**            Rock L back(7), recover weight onto R(8)

**Easier Option for 1&2, 3&4 - 2 forward shuffles**

**[25-32] EXTENDED CROSS SHUFFLE (TURNING ¼ LEFT); SIDE ROCK, CROSS SHUFFLE**

- 1&2&3&**        Making a gradual ¼ left turn, cross L over R(1), step R slightly to right(&), Cross L over R(2), step R slightly to right(&), Cross L over R(3), step R slightly to right(&),

**4** Cross L over R(4) (9.00)

**5-6** Rock R to right(5), recover weight onto L(6)

**7&8** Cross R over L(7), step L to left(&), cross R over L(8)

### **Start again**

**THE 3 RESTARTS are easy to hear as they each come after a musical interlude.**

**ENDING (wall 10): Do a ½ turn on the extended cross shuffle (counts 25-27) so that you'll end facing 12.00.**

**This dance was specially choreographed to teach various types of shuffles to my beginner class.**

**It's titled "Take It EZ" because I had to keep reminding my students to "relax, take it easy, don't rush"!**

**Have fun!**