

Tell It To My Heart

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Count: 64

Wall: 4

Level: Intermediate

Choreographer: Gudrun Schneider und Mathias Pflug (Jan 2017)

Music: Tell It To My Heart by Filatov & Karas

Intro: 36 count

S1: R POINT FWD, R POINT SIDE, CROSS, L POINT, BEHIND-SIDE, CROSS SHUFFLE

1-2RF point forward, RF point side

3-4RF cross, LF point side

5-6LF step behind RF, RF step side

7&8LF cross, RF step beside, LF cross

S2: SIDE, ¼ TURN L, SHUFFLE FWD, ½ TURN R, ½ TURN R, SHUFFLE ½ R

1-2RF step side, LF ¼ left step forward (9:00)

3&4RF step forward, LF step beside, RF step forward

5-6LF ½ right step back (3:00), RF ½ right step forward (9:00)

7&8LF ¼ left step side, RF step beside, LF ¼ left step back (3:00)

S3: BACK ROCK, SIDE-TOUCH, SIDE-TOUCH, KICK-BALL-CROSS

1-2RF rock back, LF recover

3-4RF step side, LF touch beside

5-6LF step side, RF touch beside

7&8RF kick diagonally, RF step beside, LF cross

S4: SIDE ROCK, SAILOR ¼ R, ROCK STEP, SHUFFLE ½ L

1-2RF rock side, LF recover

3&4RF ¼ step back, LF step beside, RF step forward (6:00)

5-6LF rock forward, RF recover

7&8LF ¼ left step side, RF step beside, LF ¼ left step forward (12:00)

S5: SIDE-HOLD & CROSS, ¼ TURN R, ¼ TURN R, HOLD & CROSS, SIDE

1-2&3RF step side, hold, LF step beside RF, RF cross

4LF ¼ right step back (3:00)

5-6&7RF ¼ right step side, hold, LF step beside RF, RF cross (6:00)

8LF step side

S6: ROCK BACK, TOUCH-BALL-STEP, ROCK FWD, TRIPLE FULL TURN R

1-2RF rock back, LF recover

3&4RF touch next to left, step on ball of RF, LF step forward

5-6RF rock forward, LF recover

7&8 Triple full turn right stepping r-l-r (alternative: COASTER STEP) (6:00)

S7: ROCK FWD, ¼ TURN L CHASSÉ, JAZZBOX

1-2LF rock forward, RF recover

3&4LF ¼ left step side, RF step beside, LF step side (3:00)

5-6RF cross, LF step back

7-8RF step side, LF step forward

S8: STEP ½ TURN 2x L, CROSS ROCK, SIDE ROCK

1-2RF step forward, R+L ½ turn left (9:00)

3-4RF step forward, R+L ½ turn left (3:00)

5-6RF cross, LF recover

7-8RF rock side, LF recover

RESTARTS:-

1. On wall 2 - after 32 count - 3:00

2. On wall 5 - after 32 count and TAG- 9:00

TAG - on wall 5

JAZZBOX

1-2RF cross, LF step back

3-4RF step side, LF step forward

Have Fun

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