

# Tracce Di Amore

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**Count:** 64                      **Wall:** 2                      **Level:** Intermediate Rumba

**Choreographer:** Gordon Timms (UK) Dec 2010

**Music:** Traces (Of Love) by Gloria Estefan (3.12 Mins) Album: 'Hold Me, Thrill Me, Kiss Me' (105bpm)

**Start the dance on the vocals after 32 counts intro! - Rumba Rhythm throughout is QQS ....**

## **SECTION 1: Basic Rumba Walks.... Forward and Backwards (with hips please!)**

- 1 - 2            Step left slightly forward crossing over right, recover weight on to right.
- 3 - 4            Step left slightly back behind right foot, Hold for one count.
- 5 - 6            Step right foot back, Step left foot back slightly behind right.
- 7 - 8            Step right foot back pushing right hip out, Hold for one count.

## **Faces 12.00**

## **SECTION 2: Basic Rumba Walks.... Backwards and Forwards (with hips please!)**

- 1 - 2            Step left slightly back crossing behind right, recover weight on to right.
- 3 - 4            Step left slightly forward crossing over right, Hold for one count.
- 5 - 6            Step right forward, Step Left forward.
- 7 - 8            Step right forward next to left, but more to the right side, Hold for one count.

## **Faces 12.00**

## **SECTION 3: Spot Turns and Balance Steps....**

- 1 - 2            Turning a  $\frac{1}{4}$  turn left, step forward on the left, Step forward on the right. (9.00)
- 3 - 4            Pivot a  $\frac{1}{2}$  turn left, (Keeping weight on the left) Step forward with the right. (3.00)
- 5 - 6            Step forward on the left, Pivot  $\frac{1}{2}$  turn right.. (Keeping weight on the right) (9.00)
- 7 - 8            Step forward slightly with the left, Step a long step to the right side. (Keep left toe pointed to the left)

## **Faces 9.00**

## **SECTION 4: Rondé, $\frac{1}{4}$ Turn Left, Recover weight, Step forward and Hold, Right Cucaracha and Hold.**

- 1 - 2 Turning  $\frac{1}{4}$  Left,...Sweep (Rondé) Left foot to step next to right, Recover weight on to right. (6.00)
- 3 - 4 Step Left forward, Hold for one count.
- 5 - 6 Rock right out to right side, Recover weight on to the left.
- 7 - 8 Step Right foot next to the Left with weight, Hold for one count.

### **Faces 6.00**

#### **SECTION 5: Marking Steps... (Time Steps)**

- 1 - 2 Step left behind right, recover weight on the right.
- 3 - 4 Step left to left side, Hold for one count.
- 5 - 6 Step right behind left, recover weight on the left.
- 7 - 8 Step right to right side, Hold for one count.

### **Faces 6.00 (RESTART HERE ON WALL 3)**

#### **SECTION 6: New Yorkers...**

- 1 - 2 Turn a  $\frac{1}{4}$  right on the ball of the right foot, step left forward. (9.00)
- 3 - 4 Recover weight back on the right, turn  $\frac{1}{4}$  left (6.00) step left to side and Hold.
- 5 - 6 Turn a  $\frac{1}{4}$  left on the ball of the left foot, step right forward. (3.00)
- 7 - 8 Recover weight back on the left, turn  $\frac{1}{4}$  right (6.00) step right to side and Hold

### **Faces 6.00**

#### **SECTION 7: Left and Right Sequence...Basic Rumba Roll Back Step.**

- 1 - 2 Turning  $\frac{1}{4}$  Left, Roll back Left around behind right, recover weight on to Right.
- 3 - 4 Turning  $\frac{1}{4}$  Right...(face original wall) Step Left to Left side, Hold for one count.
- 5 - 6 Turning  $\frac{1}{4}$  Right, Roll back Right around behind Left, recover weight on to Left.
- 7 - 8 Turning  $\frac{1}{4}$  Left...(face original wall) Step Right to Right side, Hold for one count.

### **Faces 6.00**

#### **SECTION 8: Basic Rumba Balance Steps... Diagonal Back and Forward.**

- 1 - 2 Step back on Left at 45° pushing Left hip out, recover weight back on to Right.
- 3 - 4 Step Left slightly forward next to Right, Hold for one count.
- 5 - 6 Step forward on the right at 45° pushing right hip out, recover weight back on to Left

**7 - 8** Rock weight back on to the right foot, Hold for one count.

**Faces 6.00**

**TAG: On the third rotation dance through to end of Section 5 (40 counts)...add a (4) count bridge...Hip Sways - Left-Right-Left-Right and start the dance again - you should be facing the (6.00) wall!**

**The dance will finish on wall (6.00)...you can if you wish just Rondé ½ Left Turn & Step to face front.**

**Line Dance Latin with Gordon & Glenys (UK)**

**Home: +44 (0)1793 490697 Mobile: +44 (0)7787 383059 Car Phone: +44 (0)7870 849233**

**E-Mail: [thelatindancer@tiscali.co.uk](mailto:thelatindancer@tiscali.co.uk) - Web: <http://website.lineone.net/~gordon.bds>**