

Wasted Love

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Count: 32 **Wall:** 4 **Level:** Easy Intermediate

Choreographer: Phoenix Adamson - Hamilton, NZ (May 2014)

Music: The Runner by Anna Coddington

Intro: 32 Counts

HITCH - BALL - CROSS, SIDE, BEHIND - SIDE - CROSS, SIDE ROCK, CROSS SHUFFLE

- 1 & 2** Hitch Right (1), Close Right Beside Left (&), Cross Left Over Right (2)
- 3 - 4 & 5** Step Right To Side, Cross Left Behind Right (4), Step Right To Side (&), Cross Left Over Right (5)
- 6 - 7 - 8 & 1** Rock Right To Side, Recover Onto Left, Cross Shuffle Stepping Right (8) - Left (&) - Right (1)

¼ TURN - ½ TURN, ¾ PIVOT, SIDE SHUFFLE, SCUFF

- 2 - 3 - 4 - 5** Making ¼ Turn Right Step Back On Left, Making ½ Turn Right Step Forward On Right, Step Forward On Left, ¾ Pivot Right
- 6 & 7** Side Shuffle Stepping Left (6) - Right (&) - Left (7)
- 8** Scuff Right (6 O'Clock)

CROSS ROCK, ¼ TURN - HOLD, ½ PIVOT, SHUFFLE ½ TURN

- 1 - 2 - 3 - 4** Rock Right Over Left, Recover Onto Left, Making ¼ Turn Right Step Forward On Right, HOLD
- 5 - 6 - 7 & 8** Step Forward On Left, ½ Pivot Right, Making ½ Turn Right Shuffle Back Stepping Left (7) - Right (&) - Left (8) (9 O'Clock)

ROCK RECOVER, ½ PIVOT, FORWARD - ½ PIVOT - FORWARD

- 1 - 2 - 3 - 4** Rock Back On Right, Recover Onto Left, Step Forward On Right, ½ Pivot Left
- 5 - 6 - 7 - 8** Step Forward On Right, Step Forward On Left, ½ Pivot Right, Step Forward On Left (9 O'Clock)

REPEAT

TAG: On Completion Of Wall 2 (Facing 6 O'Clock) & Wall 5 (Facing 9 O'Clock) There Is An 8 Count Tag

SIDE SHUFFLE, ROCK RECOVER, SIDE SHUFFLE, ROCK RECOVER

1 & 2 Side Shuffle Stepping Right (1) - Left (&) - Right (2)

3 - 4 Rock Back On Left, Recover Onto Right

5 & 6 Side Shuffle Stepping Left (5) - Right (&) - Left (6)

7 - 8 Rock Back On Right, Recover Onto Left

This Dance Is Dedicated To My AMAZING Friend & Also Radio Show Co-Host Hamie 'Ladi H' Munroe.

A Track; She Questioned If A Dance Could Be Written To It & Look What Has Come Of That Question.

ENJOY!!!!