

# Twist

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**Count:** 32                      **Wall:** 2                      **Level:** Improver

**Choreographer:** Clare Bull

**Music:** Twist by Miss 600 (3.01) 92 Bpm

## INTRO: STARTS ON LYRICS

### TOUCH FWD, STEP BACK, COASTER STEP, SHUFFLE FWD, STEP 1/4 CROSS

- 1-2**            Touch Right toe fwd, step back on right
- 3&4**            Step back on left, step right next to left, step fwd on left
- 5&6**            Step fwd on right, step together with left, step fwd on right
- 7&8**            Step fwd on left, pivot 1/4 right taking weight on right, cross left over right

### TOUCH OUT-IN, SIDE DRAG, BEHIND 1/4 TURN, MAMBO STEP, LOCK STEP BACK

- 1&**            Touch right toe to right side, touch right toe next to left
- 2&**            Make a long step to right, drag left toe next to right
- 3&4**            Cross left behind right, step fwd on right making a 1/4 turn right, step fwd on left
- 5&6**            Rock fwd on right, recover weight on left, step back on right
- 7&8**            Step back on left, lock right over left, step back on left

## \*RESTART HERE DURING WALL 5

### TOE HEEL CROSS X2, COASTER STEP, PADDLE 1/4 TURN X2

- 1&2**            Touch right toe together, touch right heel to side, cross right over left
- 3&4**            Touch left toe to together, touch left heel to side, cross left over right
- 5&6**            Step back on right, step left next to right, step fwd on right
- 7&8&**           Hitch left foot up while turning ¼ right on right, point left to side x2

### CROSS SAMBA X2, MAMBO 1/2 TURN, STEP 1/2 TURN X2

- 1&2**            Cross step Left Forward over Right, Rock Right to Right side, Recover weight on Left
- 3&4**            Cross step Right Forward over Left, Rock Left to Left side, Recover weight on Right
- 5&6**            Rock fwd on left, recover weight on right, make 1/2 turn left taking weight on left
- 7&8&**           Step forward on right, pivot 1/2 turn left, step forward on right, pivot 1/2 turn left

## **Repeat**

**\*RESTART: DURING WALL 5 AFTER 16 COUNTS**

**ENDING AT THE END OF WALL 8:**

**CROSS SAMBA X2, MAMBO 1/2 TURN, STEP 1/2 STEP, HOLD**

- 1&2**      Cross step right Forward over left, Rock left to left side, Recover weight on right
- 3&4**      Cross step left Forward over right, Rock right to right side, Recover weight on left
- 5&6**      Rock fwd on right, recover weight on left, make 1/2 turn right taking weight on right
- 7&8&**     Step forward on left, pivot 1/2 turn right, step forward on left, hold