

THE HAND THAT ROCKS THE CRADLE

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Count: 64

Wall: 2

Level: intermediate

Choreographer: Joe Moon

Music: The Hand That Rocks The Cradle by Tantowi Yahya & Bob Tutupoli

ROCK STEP, RECOVER, FULL TURN, BACK ROCK, FORWARD SHUFFLE

1-2-3-4 Rock forward on right, recover on left, full turn over right shoulder, step forward on right, step left in place to complete full turn

5-6-7&8 Back rock on right, recover on left, forward shuffle on right, left, right

JAZZ BOX ¼ TURN, CROSS, TOUCH CROSS TWICE

1-2-3-4 Cross left over right, step back on right, ¼ turn left stepping forward on left, cross right over left

5-6-7-8 Touch left toe to left, cross left over right, touch right toe to right, cross right over left

ROCK FORWARD, RECOVER, BACK COASTER, ROCK FORWARD, RECOVER, ½ TURN RIGHT

1-2-3&4 Rock forward on left, recover on right, back coaster stepping back on left, step right next to left, step forward on left

5-6-7&8 Rock forward on right, recover on left, ½ turn shuffle over right shoulder, step forward on right, step left next to right, step forward on right

CROSS BACK SWEEP (MOVING BACKWARDS) BACK ROCK, RECOVER, STEP FORWARD, ½ SPIN TURN, TOUCH

1-2-3-4 Cross left over right, step back on right, sweep left behind right, sweep right behind left

5-6-7-8 Back rock on left, recover on right, step forward on left, ½ turn spin over left shoulder, touch right next to left

SIDE, TOGETHER, FORWARD SHUFFLE, ROCK, FORWARD, RECOVER, ¼ LEFT TURN SAILOR LEFT SHOULDER

1-2-3&4 Step right to right, step left to right, forward shuffle on right, left, right

5-6-7&8 Rock forward on left, recover on right, make ¼ left turn sailor step on left, right, left

CROSS, SIDE, BEHIND, ¼ TURN, STEP, PIVOT ½ TURN, ¼ TURN (FIGURE 8) CROSS BEHIND

- 1-2-3-4** Cross right over left, step left to left, cross right behind left, make ¼ left turn, stepping forward on left
- 5-6-7-8** Step forward on right, pivot ½ turn left, step right to side with ¼ turn left cross left behind right

SIDE SHUFFLE WITH ¼ TURN, STEP, PIVOT ½, TURN SHUFFLE FORWARD, PIVOT ¼ TURN

- 1&2-3-4** Side shuffle on right with ¼ turn right, step forward on left, pivot ½ turn right
- 5&6-7-8** Forward shuffle on left, right, left, step forward on right, pivot ¼ turn left (weight on left)

JAZZ BOX WITH ¼ TURN, STEP, ¼ TURN MONTEREY, POINT, ¼ TURN RIGHT, POINT LEFT, STEP TOGETHER

- 1-2-3-4** Cross right over left, step back on left, ¼ turn right, stepping forward on right, step left next to right
- 5-6-7-8** Point right toe to right, ¼ turn right, stepping right next to left, point left to left, step left in place

REPEAT

ENDING

- 1-2-3-4** Cross left over right, step back on left, make ½ turn, stepping forward on left, cross right over left
- 5-6-7-8** Touch left to left, cross left over right, touch right to right hold (end exactly at 12:00 wall)

This dance is dedicated to all mothers, who at one time or other, have rocked us in our cradles. They are the champions