

# Second To None

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**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Alison Johnstone (Perth WA ex Scotland), Wanda Heldt (Perth WA)

**Music:** "Friday Night Cowgirl" by Wenche Hartmann

**Start: On the lyrics (16 counts in)**

**Restarts: 1 during wall 2 (9.00) and during wall 5 (3.00) Easy restarts see sheet Section 4 [7-8]**

**(1-8) KICK BALL STEP, HIP BUMPS, KICK BALL STEP, HIP BUMPS (12.00)**

**1&2** Kick Right forward, step on Right (&), Step Left to side

**3&4** Bump hips Left, Right (&), Left

**5&6** Kick Right forward, step on Right (&), Step Left to side

**7&8** Bump hips Left, Right (&), Left

**(9-16) SIDE, BEHIND, BALL, CROSS, UNWIND ½ RT, SIDE, BEHIND, SHUFFLE ¼ RT (9.00)**

**1-20&** Step Right, Step Left behind, Step Right to side (&)

**3-4** Cross Left over Right, Unwind ½ turn Right (weight ends on Left) (6:00)

**5-6** Step Right, Step Left behind Right,

**7&8** Right ¼ Turn Shuffle (Right, Left, Right)

**(17-24) ROCK, RECOVER, SHUFFLE BACK, BACK TOE STRUTS (9.00)**

**1-2** Rock forward Left, Recover on Right

**3&4** Left Shuffle back (Left, Right, Left)

**5-6** Right Toe Back, Replace heel (snap fingers) \*\*

**7-8** Left toe back, Replace heel (snap fingers)

**(25-32) ROCK BACK, RECOVER, FULL SPIN LEFT, ROCK RECOVER, SAILOR ¼ RT (12.00)**

**1-2** Rock back on Right, Recover on Left

**3-4** Full spin over Left shoulder stepping Right, Left (or walk, walk)

**5-6** Rock forward on Right, Recover on Left \*\*\*

**7-8** Step Right behind Left, Step Left ¼ turn Right, Step Right

**\*\*\* On restart walls (2 & 5 facing 9.00 and 3.00) replace the above sailor step above with**

**[7-8] Turn Right swaying Right, Sway Left - RESTART DANCE**

**(33-40) LEFT DOROTHY, RIGHT DOROTHY, PIVOT  $\frac{1}{4}$  RT, CROSS SHUFFLE (3.00)**

- 1-2& Step Left diagonal forward, Step Right behind, Step Left diagonal forward (&  
3-4& Step Right diagonal forward, Step Left behind, Step Right diagonal forward (&  
5-6 Step Left forward, Pivot  $\frac{1}{4}$  Right  
7&8 Cross Left over Right, Step Right (&), Cross Left over Right

**(41-48) STEP, BEHIND, SHUFFLE  $\frac{1}{4}$  RT, PIVOT  $\frac{1}{2}$  RT, STEP. HOLD (12.00)**

- 1-2 Step Right, Step Left behind Right,  
3&4 Right  $\frac{1}{4}$  Turn Shuffle (Right, Left, Right)  
5-6 Step forward onto Left, Pivot  $\frac{1}{2}$  turn over Right  
7-8 Step Left forward, Hold

**(49-56) FULL SPIN LEFT, SHUFFLE FORWARD, PIVOT  $\frac{1}{4}$  RT, CROSS SHUFFLE (3.00)**

- 1-2 Full spin over Left shoulder stepping Right, Left (or walk, walk)  
3&4 Shuffle forward Right, Left, Right  
5-6 Step Left forward, Pivot  $\frac{1}{4}$  Right  
7&8 Cross Left over Right, Step Right (&), Cross Left over Right

**(57-64) STEP  $\frac{1}{4}$  LEFT, STEP  $\frac{1}{4}$  LEFT, RIGHT HEEL JACK, LEFT HEEL JACK, OUT, OUT, HOLD (9.00)**

- 1-2 Step Right  $\frac{1}{4}$  Left, Step Left  $\frac{1}{4}$  left, (9.00)  
3&4 Cross Right over Left, Step on Left (&), Right heel fwd  
&5&6 Step Right into Left (&), Cross Left over Right, Step on Right (&), Left heel fwd  
&7-8 Step Left out (&), Step Right out, Hold

**\*\*Finish Dance: You will be facing 6.00 you will hear the music ending on count :-**

- 21-22 Right Toe Back  $\frac{1}{4}$  turn over Right TA DA end of dance facing front

**Have Fun In Life & In Dance Enjoy!**

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