

Your Loving Arms

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Count: 28 **Wall:** 4 **Level:** High Intermediate

Choreographer: Angel & John Warnars (NL) May 2015

Music: Juanita Du Plessis - Loving Arms. CD: Nashville - 68 bpm

Intro: 16 counts.

Info: Restarts at walls 4, 8 and 9.

SIDE & DRAG, L SAILOR STEP, (&) CROSS BEHIND, ¼ TURN L, (&) ½ TURN L, ¼ TURN L & DRAG,

CROSS ROCK BACK, (&) RECOVER, ¼ TURN R, (&) ½ TURN R, ½ TURN R, (&) STEP FWD, ROCK (push);

1RF big side step to right and LF drag next

2&3LF cross behind RF, RF step to right side, LF step to left side

&4&RF cross behind LF, LF ¼ turn left step forwards (9), RF ½ turn left step backwards (3)

5LF ¼ turn left big side step and RF drag next (12)

6&7RF cross rock back, recover back on LF, RF ¼ turn right step forwards (3)

&8&LF ½ turn right step backwards (9), RF ½ turn right step forwards (3), LF step forwards

(* Restart 1)

1RF rock forwards (push)

RECOVER, (&) 1/4 TURN R, CROSS ROCK (push), RECOVER, (&) SIDE STEP, CROSS STEP, ⅛ R COASTER CROSS, CROSS STEP, (&) ⅛ R SIDE STEP, SIDE & DRAG;

2&3recover back on LF, RF ¼ turn right side step (6), LF cross rock over RF (push)

4&recover back on RF, LV step to left side

5RF cross step over LF

6&7LF step backwards, RF step next LF, RF ⅛ turn right cross step over LF (7:30)

8&RF cross step over LF, LF $\frac{1}{8}$ turn right side step (9) (Restart 2)**

1RF big side step and LF drag next

CROSS ROCK BACK, (&) RECOVER, $\frac{1}{4}$ R BACK, (&) CLOSE, ACROSS, (&) SIDE, CROSS ROCK/PUSH,

(&) L SWEEP, $\frac{1}{2}$ RUMBA BOX R, $\frac{1}{4}$ L SAILOR CROSS;

2&3LF cross rock back, recover back on RF, LF $\frac{1}{4}$ turn right step back (12)

&4&RF step next LF, LF cross step over RF, RF small step to right side (on ball)

5LF cross rock over RF (push)

6&7RF step to right side, LF step next RF (Restart 3), RF step backwards**

&LF sweep front to back

8&1LF $\frac{1}{4}$ turn left cross behind RF (9), RF step next LF, LF cross step over RF

SIDE ROCK & SWAY, RECOVER & SWAY, SIDE STEP, (&) CLOSE;

2 3RF rock to right side and push hips to right, recover back on LF and push hips to left

4&RF step to right side, LF step next RF

1RF start again (big side step to right and LF drag next)

Restarts:

In the 4th wall after count 8 &, block 1 *

In the 8th wall after count 8 &, block 2 **

In the 9th wall after count 6 &, block 3 ***

Note, after Restart 3, the music will be slower on count 5 of block 2, dance with the rhythm along.

Finish dance on counts 8&1 (block 2);

RF $\frac{1}{2}$ turn left step back (9), LF $\frac{1}{2}$ turn left step forwards (3), RF $\frac{1}{4}$ turn left side step and LF drag next (slow).

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