

# SOFT AND SLOW

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**Count:** 28

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Tim Gauci

**Music:** Your Man by Josh Turner

## **SIDE, BEHIND & CROSS, SIDE, BACK, REPLACE, KICK BALL CROSS**

**1-2&3-4** Right to right, step left behind, step right to right, cross left over right, step right to right

**5-6-7&8** Step left back, rock weight forward onto right, kick left foot 45 degrees left, quickly step left foot next to right, cross right over left

## **BALL CROSS, SIDE, REPLACE, CROSS, ¼ TURN LEFT, BACK LOCK SHUFFLE, BACK, REPLACE**

**&1-2&3-4** Step left to left, step right over left, step left to left, rock weight onto right, step left over right turning ¼ left step right foot back

**5&6-7-8** Step left foot back 45 degrees left, step right foot over left, step left foot back 45 degrees, step right back, rock weight forward onto left

## **FULL TURN FORWARD, SHUFFLE FORWARD, FORWARD, REPLACE, COASTER CROSS**

**1-2-3&4** Make a full turn traveling forward- step right back turning ½ to left, step left forward turning ½ to left (or walk forward right, left), shuffle forward right-left-right

**5-6-7&8** Step left forward, rock weight back onto right, step left back, step right foot together, cross left over right

## **HIPS RIGHT, LEFT, RIGHT, LEFT**

**1-2-3-4** Push hips to right, left, right, left

## **REPEAT**

## **TAG**

**On walls 2,3,6 7 (obvious with music) add the following after beat 28 to make 32 count dance**

## **ROCK, REPLACE, KICK BALL CROSS**

**1-2-3&4** Step right back, rock weight forward onto left, kick right foot 45 degrees right, quickly step right foot next to left, cross left over right