

# The Silton Shuffle

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**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Doug Silton - January 2017

**Music:** In My Mind by Maty Noyes - BPM: 70 - 150 bpm to any style 4/4 time music

## WCS/Shag Line Dance (rotates clockwise)

### [1-8] TOUCH & TUCK, BEHIND, SIDE, CROSS, BALL, CROSS, BALL, CROSS, BALL, CROSS

- 1&2** Touch L across front of R (1); Lift L foot up toward R knee (&); Step L tucked tightly behind R (2)
- &3-4** Sweep R out to right (&); Lock/hook step R tightly behind L allowing body to face slightly left (3); Step L to left (4)
- 5&6&** Step R across L (5); Step ball of L to left (&); Step R across L (6); Step ball of L to left (&)
- 7&8** Step R across L (7); Step ball of L to left (&); Step R across L (8)

### [9-16] SIDE ROCK, RECOVER, KICK, CROSS, SIDE ROCK, RECOVER, KICK, CROSS, SIDE ROCK, RECOVER, KICK, CROSS, JAMES BROWN SLIDE TO THE RIGHT

- 1&** Rock L to left (slightly back) (1); Recover on R (&)
- 2&** Kick L forward (2); Step L across R (&)
- 3&** Rock R to right (slightly back) (3); Recover on L (&)
- 4&** Kick R forward (4); Step R across L (&)
- 5&6&** Rock L to left (5); Recover on R (&); Kick L forward (6); Step L across R (&)
- 7&8&** Large step R to right allowing L toe to drag as R foot travels to the right moving in a heel, toe, heel, toe action (7&8&)

### [17-24] L SAILOR, R SAILOR, L SAILOR 1/4 TURN L, & LOCK, UNWIND FULL TURN L

- 1&2** Step L behind R (1); Step R to right (&); Step L to left (2)
- 3&4** Step R behind L (3); Step L to left (&); Step R to right (4)
- 5&6** Step L behind R (5); Step R to right (&); Turn 1/4 left stepping L forward (6)
- &7** Step R forward (&); Lock step L behind R (7)
- 8** Unwind full turn left ending with weight on R (8)

**Option: Omit full turn on count 8 by just stepping R forward.**

**[25-32] WALK, WALK, FORWARD COASTER STEP, 1/4 TURN L, 1/4 TURN L, FORWARD TRIPLE**

- 1-2** Step L forward (1); Step R forward (2)
- 3&4** Step L forward (3); Step R beside L (&); Step L back (4)
- 5-6** Turn 1/4 left locking R tightly behind left (5); Turn 1/4 left stepping L forward (6)
- 7&8** Step R forward (7); Step ball of L behind R heel (&) Step R forward (8)

**BEGIN AGAIN! ENJOY!**

**Note: Doug's instructional video of The Silton Shuffle (including styling and variations) is available**

**for free/purchase through The Siltons Dance App (Apple App Store & Google Play) and online at [www.SwingDanceStuff.com](http://www.SwingDanceStuff.com)**

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