

The Dance (updt Oct '07)

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Craig Bennett , UK

Music: The Dance by Westlife

Section 1 - Side, rock, Step turn cross, Back side cross, Rock recover cross

- 1-2&** Step left to left side, Rock right behind, Recover onto left
- 3&4** Step right forward, Make $\frac{1}{4}$ turn left stepping left to side, Cross right over left
- 5&6** Step back onto left making a $\frac{1}{4}$ turn right, Step right to right side, Cross left over right
- 7&8** Rock right to right side, Recover onto left, Cross right over left

Section 2 - Turn back, Coaster step, Step turn, turn, Cross rock, Side rock

&1,2 $\frac{1}{4}$ turn right, stepping back onto left, Step back onto right, Step back onto left

- 3&4** Step back onto right, Bring left in place, Step forward onto right
- 5,6&** Step forward onto left, Make a $\frac{1}{4}$ turn stepping back onto right, Make a $\frac{1}{4}$ turn stepping left to left side
- 7&8&** Rock right across left, Recover back onto left, Rock right to right side, Recover onto left

Section 3 - Cross turn, 1 and $\frac{1}{2}$ turns Step $\frac{1}{2}$ turn

- 1,2&** Cross right over left, Make a $\frac{1}{4}$ turn right stepping back onto left, Step forward onto right
- 3,4&** Step forward onto left, Make a $\frac{1}{2}$ turn stepping back onto right, Make a $\frac{1}{2}$ turn stepping forward onto left
- 5&6** Step forward right $\frac{1}{2}$ turn, Stepping onto left, Step forward right
- 7,8** Step forward onto left make a $\frac{1}{2}$ turn right

Section 4 - Step cross and turn, Step $\frac{1}{2}$ turn step, Step $\frac{1}{4}$ turn Rock recover

- 1,2** Step forward left, cross right over left
- &3,4** Make $\frac{1}{4}$ turn right stepping back onto left, step right to right side, Step forward left
- 5&6** Step right $\frac{1}{2}$ turn left, step forward onto right
- 7&8&** Step forward left $\frac{1}{4}$ turn right, Rock left over right, Recover back onto right

START AGAIN AND ENJOY!

Tag:

After 2nd wall:

- 1-2** Step left $\frac{1}{4}$ turn left, Step back onto right making $\frac{1}{2}$ turn
- 3&4** Step back onto left, Bring right in place, step forward onto left
- 5&6** Step forward right, $\frac{1}{2}$ turn stepping forward onto left, step forward onto right
- 7&8&** Step forward left $\frac{1}{4}$ turn right, Rock left over right, Recover back onto right

Music slows down towards end of song, keep going! Finish the dance off!