

Spread My Wings

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Jef Camps (October 2016 - Belgium)

Music: "I Believe I Can Fly" by The Baseballs

#16 count intro

S1: Rumba Box, Step, ½ PIVOT, TOE STRUT, STEP, ¾ TURN, SIDE TOE STRUT

1&2RF step side, LF close next to RF, RF step back

3&4LF step side, RF close next to LF, LF step fwd

5&6&RF step fwd, ½ turn L (weight LF), RF touch toes fwd, RF drop heel down (6:00)

7&8&LF step fwd, ½ turn R (weight RF), ¼ turn R & LF touch toes side, LF drop heel down (3:00)

S2: TOE STRUT BEHIND, SIDE TOE STRUT, JAZZ BOX CROSS, SIDE, DRAG, ROCK BACK, ¼ TURN BACK, ¼ TURN SIDE, CROSS

1&2&RF cross toes behind LF, RF drop heel down, LF touch toes side, LF drop heel down (finger snaps)

3&4&RF cross over LF, LF step back, RF step side, LF cross over RF

5-6&RF big step side (drag LF towards RF), LF rock back, recover on RF

7-8&¼ turn R & LF step back, ¼ turn R & RF step side, LF cross over RF (9:00)

***Restart in walls 2, 5 & 8**

S3: POINT, TOUCH, HEEL & HEEL-BALL-STEP, 3 RUNS FWD, brush, MAMBO ½ TURN

1&2&RF touch side, RF touch next to LF, RF dig heel fwd, RF close next to LF

3&4LF dig heel fwd, LF close next to RF, RF step fwd

5&6&LF run fwd, RF run fwd, LF run fwd, RF brush fwd

7&8RF rock fwd, recover on LF, ½ turn R & RF step fwd (3:00)

S4: STEP, ½ PIVOT, STEP, CHARLESTON, ROCKING CHAIR, SCISSOR STEP

1&2LF step fwd, ½ turn R putting weight on RF, LF step fwd (9:00)

3-4RF touch fwd, RF step back (styling: you can twist in the Charleston if you want)

5&6&LF rock back, recover on RF, LF rock fwd, recover on RF

7&8LF step side, RF close next to LF, LF cross over RF

Have fun!

Restart: in walls 2, 5 & 8 after 16 counts

Ending: dance ends to 6:00 after the last section, just make a ½ turn R (unwind)