

Run

LINEDANCE.COM

Count: 64 **Wall:** 2 **Level:** Advanced

Choreographer: Joshua Talbot – May 2018

Music: Run by Leona Lewis. Album: Spirit

#16 count introduction

WEAVE L, BEHIND, $\frac{1}{4}$ R, FULL TURN, FWD, REPLACE, BACK, TOUCH $\frac{1}{2}$, $\frac{1}{2}$ BACK

1&2 Cross R over L, step L to L, step R behind L sweeping L from front to back

3&4& Step L behind, $\frac{1}{4}$ turn R step R fwd, $\frac{1}{2}$ turn R step L back, $\frac{1}{2}$ turn R step R fwd (3 o'clock)

5&6&7 Rock L fwd, replace weight R, step L back, touch R toe back

8&1 $\frac{1}{2}$ turn R taking weight R, $\frac{1}{2}$ turn R step L back, rock R back (3 o'clock)

REPLACE, SHUFFLE FWD, CROSS, REPLACE, BEHIND, $\frac{1}{4}$ FWD, $\frac{1}{2}$ BACK, $\frac{1}{2}$ FWD

23&4 Recover weight L, $\frac{1}{8}$ L step R fwd, step L together, step R fwd (1.30 o'clock)

5 6 $\frac{1}{4}$ R hitching L knee over R rocking L over R, recover weight R sweeping L from front to back (4.30 o'clock)

7&8& Straighten to 3 o'clock step L behind R, $\frac{1}{4}$ R step R fwd, $\frac{1}{2}$ R step L back, $\frac{1}{2}$ R step R fwd (6 o'clock)

$\frac{1}{2}$ PIVOT, R LOCK SHUFFLE BACK, BACK, REPLACE, CROSS WALKS

1&2 3&4 Step L fwd, $\frac{1}{2}$ R taking weight R, step L fwd, Step R back, cross L over R, step R back (12 o'clock)

5&6&7&8 Rock L back, recover weight R, cross step L over R, cross step R over L

CROSS ROCK X3, 1 $\frac{1}{2}$ TRIPLE

12&34& Cross rock L over R, recover weight R, step L to L, Cross rock R over L, recover weight R, step R to R

5 6 Cross rock L over R, recover weight R

7&8 & $\frac{1}{4}$ L step L fwd, $\frac{1}{2}$ L step R back, $\frac{1}{2}$ L step L fwd*, $\frac{1}{4}$ L step R to R (6 o'clock)

ROCK BACK, RECOVER, SHUFFLE FWD, $\frac{1}{2}$ HITCH, $\frac{1}{2}$ PIVOT, BACK, BACK

123&41/8 L rock L back, recover weight R, step L fwd, step R together, step L fwd (4.30 o'clock)

5&6 On ball of L foot Hitch R making $\frac{1}{2}$ L, step R fwd, $\frac{1}{2}$ L keeping weight on R (Pivot) (4.30 o'clock)

7&8 Step L back, rock R back, recover weight L

SAMBA, CROSS, $\frac{1}{2}$ SIDE, SAMBA, CROSS, $\frac{3}{4}$ SWEEP

1&2(Straighten up to 6 o'clock) Cross R over L, rock L to L, step R in place

3&4 Cross L over R, $\frac{1}{4}$ L step R back, $\frac{1}{4}$ L step L to L

5&6 Cross R over L, rock L to L, step R in place

7&8 Cross L over R, $\frac{1}{4}$ L step R back, $\frac{1}{2}$ L step L fwd sweeping R from back to front (3 o'clock)

CROSS, BACK, BACK, CROSS, BACK, $\frac{1}{2}$, $\frac{1}{2}$ PIVOT x2, FWD, TOGETHER, BACK, TOGETHER

1&2 Cross R over L, step L back to L diagonal, step R back

3&4 Cross L over R, step R back to R diagonal, $\frac{1}{2}$ L step L fwd (9 o'clock)

5&6& Step R fwd, $\frac{1}{2}$ L taking weight L, step R fwd, $\frac{1}{2}$ L taking weight L

7&8& Step R fwd, step L together, step R back, step L together

CROSS ROCK, RECOVER, CROSS ROCK, RECOVER, ROCK FWD, RECOVER, $\frac{1}{2}$, $\frac{1}{4}$ PIVOT, TOGETHER

1 2&3 4& Rock R over L, recover weight L, step R to R, Rock L over R, recover weight R, step L to L

5 6&7 8& Rock R fwd, recover weight L, $\frac{1}{2}$ R step R fwd, Step L fwd, $\frac{1}{4}$ R taking weight R, step L together (6 o'clock)

***Restart: on wall 3 & 5: Dance to count 32 replacing the 1 $\frac{1}{2}$ triple with a full turn triple, then sweep R over to start again**

Finish: Slow down with the music and finish with a full turn triple to the Left and cross R over L.

Joshua Talbot (Australia) +61 407 533 616 jbtalbot@inet.net.au - www.jbtalbot.com