

# TAMALE RIDGE

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**Count:** 32                      **Wall:** 4                      **Level:** beginner/intermediate

**Choreographer:** David Spencer

**Music:** Tamale Ridge by Joe Paul Nichols

**My thanks go to John Coates of Flatliners for his help in the preparation of this and my previous dance, Dreaming In Colour**

## WALKS FORWARD & HOLD, ½ TURN & WALKS BACK & HOLD

- 1-4**            Walk forward left, right, left, hold
- 5**             On ball of left pivot half turn left stepping back on right
- 6-8**           Step back left, right, hold

## ¼ TURN TOUCH ¼ TURN & HOLD, PRISSY WALKS FORWARD & HOLD

- 9**             Step left slightly back making quarter turn left
- 10**            Touch right toe next to left
- 11-12**       Step right forward making quarter turn right, hold
- 13**            Step left forward across right (angling body to right diagonal)
- 14**            Step right forward across left (angling body to left diagonal)
- 15-16**       Step left forward across right (angling body to right diagonal), hold

**Counts 13-15 can be replaced with a full turn right stepping left, right, left**

## SYNCOPATED TOUCH & CROSS STEPS

- 17-18**       Touch right toe to right, hold
- &19-20**      Touch right toe next to left, touch right toe to right, cross step right over left
- 21-22**       Touch left toe to left, hold
- &23-24**      Touch left toe next to right, touch left toe to left, cross step left over right

## STEP & SYNCOPATED TOUCH, TURN & RONDE

- 25-26**       Long step to right on right foot, hold
- &27-28**      Touch left toe next to right, touch left toe to left, touch left toe next to right
- 29**            Step left quarter turn left

- 30 Sweep right foot around starting to make half turn left on ball of left
- 31 Completing the sweep, touch right toe next to left
- 32 Push right heel down while lifting left heel off the floor

**REPEAT**

**If you experience any difficulty in obtaining the Joe Paul Nichols CD, contact Country Sounds (0287 135 1717) or Record Corner (0208 673 9192) who may be able to assist.**