

SNAP OUT OF IT

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Count: 48

Wall: 2

Level: intermediate

Choreographer: Simon Ward & Kurt Glover

Music: This Woman Needs by Shedaisy

- 1-3** Step left forward, step right in place making a $\frac{1}{2}$ turn left, step left in place
- 4-6** Step right back, step left-right in place
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- 1-3** Step left forward, step right forward making a $\frac{1}{2}$ turn left, rock/step left back
- 4-6** Step forward right-left-right making a full turn right
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- 1-3** Rock/step left forward, rock/step right back turning $\frac{1}{2}$ left, rock/step left forward
- 4-6** Rock/step right forward, rock/step left back turning $\frac{1}{2}$ right, rock/step right forward
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- 1-3** Step left forward, pivot $\frac{1}{2}$ turn right taking weight onto right, step left forward
- 4-6** Step right forward, brush ball of left forward, brush ball of left across right
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- 1-3** Step left forward, step right in place making a $\frac{1}{2}$ turn left, step left in place
- &4-6** Step right back, point left toe forward, hold, hold
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- 1-3** Step left forward at 45 degrees right, rock right to right, return/rock left at center
- 4-6** Step right forward at 45 degrees left, rock left to left, return/rock right at center
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- &1-3** Step left beside right, rock right to right, return/rock left at center, step right forward
- &4-6** Repeat previous 3 counts (these 6 counts are very soft & smooth)

1-3 Step left forward, pivot ½ turn right taking weight onto right, step left forward

4-6 Step forward right-left making a full turn left, step right forward

REPEAT

TAG

On 3rd wall do the first 6 counts only then start again