

# T.A.C. (That Ain't Country)

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**Count:** 32                      **Wall:** 4                      **Level:** Beginner / Improver

**Choreographer:** Fred Buckley and Vivienne Scott - Sept 2016

**Music:** 'That Ain't Country' by Aaron Lewis (iTunes and amazon)

**Alt. Music: 'Live While We're Young' by One Direction (Available on itunes and amazon)**

**Intro: 16 counts - No Restarts.**

## **S1: WALK, WALK, SHUFFLE FORWARD, ROCK FORWARD, COASTER STEP**

**1-2**            Step forward on right. Step forward on left.

**(Option: 2-count full turn left travelling forward.)**

**3&4**            Shuffle forward stepping right-left-right.

**5-6**            Rock forward on left. Recover onto right.

**7&8**            Step back on left. Step right beside left. Step forward on left.

**(Option: Full turn triple over left shoulder)**

**Restart (That Ain't Country) here on Walls 5 and 9 (12 o'clock).**

**Restart Tip: On count 7 of the coaster step, step left long step back.**

## **S2: SIDE ROCK, CROSS SHUFFLE, 1/4 TURN, 1/4 TURN, KICK-BALL-CHANGE**

**1-2**            Rock right to right side. Recover onto left.

**3&4**            Cross right over left. Step left to left side. Cross right over left.

**5-6**            Turn 1/4 right and step back on left. Turn 1/4 right and step forward on right.

**7&6**            Kick left forward. Step left beside right. Step right beside left.

## **S3: SIDE ROCK, BEHIND, 1/4 TURN, STEP, STEP, HEEL TWISTS**

**1-2**            Rock left to left side. Recover onto right.

**3-4**            Cross left behind right. Turn 1/4 right and step forward on right.

**5-6**            Step forward on left with toe pointed to left diagonal. Step right in front of left with heel pointed to left instep and right toe to right diagonal. (Third position)

**7-8**            On balls of both feet twist heels out, in. (weight on left)

## **S4: HEEL TOUCHES FORWARD, SIDE, SAILOR STEP, ROCK RECOVER, SHUFFLE 1/2 TURN**

- 1-2** Touch right heel forward. Touch right heel to right side.
- 3&4** Cross right behind left. Step left to left side. Step right slightly forward.
- 5-6** Rock forward on left. Recover onto right.
- 7&8** Turn 1/2 left and step forward on left. Step right beside left. Step forward on left.

**Ending ('That Ain't Country'): After Section 3, touch right heel forward and pose!**

**Ending: ('While We're Young'): After count 4 in Section 2, Step left to left side. Touch right forward and pose.**

**Contact Info:-**

**Vivienne: [linedanceviv@hotmail.com](mailto:linedanceviv@hotmail.com) [www.viviennescott.net](http://www.viviennescott.net)**

**Fred: [fbuckyca2000@yahoo.com](mailto:fbuckyca2000@yahoo.com) [www.fredbuckley.net](http://www.fredbuckley.net)**