

YOU CAN'T ESCAPE

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Count: 48

Wall: 2

Level: beginner/intermediate

Choreographer: Trent & Mary Cummings

Music: My Girl Josephine by Queen Ida

SIDE, HOLD, ROCK BACK, ROCK FORWARD, SIDE, HOLD, ROCK BACK, ROCK FORWARD

- 1-2** Step on the ball of the right foot to right side, hold
- 3-4** Bring right heel to floor, as you cross rock back on left, recover weight onto right
- 5-6** Step on the ball of the left foot to left side, hold
- 7-8** Bring left heel to floor, as you cross rock back on left, recover weight onto right

2 TOE STRUTS FORWARD, HEEL GRIND, STEP BACK, BACK

- 9-10** Step right toe forward, lower right heel to floor
- 11-12** Step left toe forward, lower left heel to floor
- 13-14** Place right heel forward, grind right heel arching right
- 15-16** Step back right, step back left

2 TOE STRUTS BACK, ROCK BACK, ROCK FORWARD, STEP ¼ PIVOT

- 17-18** Step right toe back, lower right heel to floor
- 19-20** Step left toe back, lower left heel to floor
- 21-22** Rock back on right, recover weight onto left
- 23-24** Step forward on right, pivot ¼ turn left on balls of feet, placing weight on left

CROSS TOE/HEEL, SIDE TOE/HEEL, STEP ½ PIVOT, STEP, HOLD (CLAP)

- 25-26** Cross touch right toes over left foot, press right heel down
- 27-28** Touch left toes to left side, press left heel down
- 29-30** Step forward on right, pivot ½ turn left on balls of feet, placing weight on left
- 31-32** Step forward on right, hold for one beat while clapping hands once

WALK, WALK, ROCK FORWARD, ROCK BACK, ¾ TURN TRIPLE STEP, WALK, WALK

- 33-34** Walk forward on left, walk forward on right
- 35-36** Rock forward on left, recover weight onto right
- 37&38** Turning triple step ¾ turn to the left stepping left-right-left

39-40 Walk forward on right, walk forward on left

4 HEEL TOUCHES WITH SLIGHT KNEE BENDS

- 41** Bend both knees slightly, then back up, as you touch right heel forward
- 42** Bend both knees slightly, as you bring right back to center
- 43** Bring both knees back up, as you touch left heel forward
- 44** Bend both knees slightly, as you bring left back to center
- 45** Bring both knees back up, as you touch right heel forward
- 46** Bend both knees slightly, as you bring right back to center
- 47** Bring both knees back up, as you touch left heel forward
- 48** Bend both knees slightly, then back up, as you bring left back to center, placing weight on left

REPEAT