

SPEED STICK

LINEDANCE.COM

Count: 40

Wall: 4

Level: Intermediate

Choreographer: John Bailey

Music: Mari-Mac by Great Big Sea

HEEL, SCOOT & HITCH

- 1&** Touch right heel forward, hitch right knee & scoot forward with left
- 2&** Touch right heel forward, hitch right knee & scoot forward with left
- 3&4** Touch right heel forward, step down on right, stomp left beside right (no weight)

SYNCOPATED WEAVE

- 5-6** Step out to the left with left foot, bring right behind
- &7** Step out to the left with left foot, bring right across left
- &8** Step left beside right, stomp right beside left (no weight)

SHUFFLE, WALK, SCUFF, SCOOT, STEP, SHUFFLE (WHEW!)

- 9&10** Shuffle forward with right (rt, lt, rt)
- 11-12** Walk forward with left, then right
- 13&14** Scuff left heel forward, hitch left knee & scoot back on right, step back with left
- 15&16** Shuffle back with right

TOE TOUCHES & SCOTS

- 17&** Touch left toe back, scoot back on right leg
- 18&** Touch left toe back, scoot back on right leg
- 19&** Touch left toe back, scoot back on right leg
- 20** Bring left beside right

SYNCOPATED WEAVE

- 21-22** Step out to the right with right foot, bring left behind
- &23** Step out to the right with right foot, bring left across right
- &24** Step out to the right with right foot, stomp left beside (no weight)

SHUFFLE, WALK, SCUFF, SCOOT, STEP, SHUFFLE WITH 1\4 TURN (YIKES!)

- 25&26** Shuffle forward with left (lt, rt, lt)
- 27-28** Walk forward with right, then left
- 29&30** Scuff right heel forward, hitch right knee & scoot forward on left foot, step forward with right
- 31&32** Shuffle in place with left, right, left making a 1\4 turn right

FUNKY HOEDOWN!

- 33&** Touch right heel forward, hitch right leg (toe pointing behind & down - leg bent at knee) & hop slightly forward on left
- 34&** Touch ball of right foot back, hitch right leg & hop slightly back on left
- 35&36** Touch right heel forward, step down on right foot & hitch left knee, touch ball of left foot beside right
- 37&** Touch left heel forward, hitch left leg (leg bent toe pointing behind & down) & hop slightly forward on right
- 38&** Touch ball of left foot back, hitch left leg & hop slightly back on right
- 39&40** Touch left heel forward, step down on left foot & hitch right knee, touch the ball of right foot beside left

REPEAT