

Rilassamento

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Count: 48

Wall: 2

Level: Intermediate

Choreographer: Anita Wittenberg (Jan 10)

Music: Rilassamento by Gianni Pavesi

[1-6] Step Forward 4x, 1 ¼ Turn R In Place

1LF Step forward

2RF Step forward

3LF Step forward

4RF Step forward

5LF ½ Turn R, step together (face 6.00)

&RF ½ Turn R, step together (face 12.00)

6LF ¼ Turn R, step together (face 3.00)

[7-12] Step Backwards 3x, Step Together, Step Forward, Cross Shuffle ½ Turn R

1RF Step backwards

2LF Step backwards

&RF Step backwards

3LF Step together

4RF Step forward

5LF ¼ Turn R, step left (face 6.00)

&RF ¼ Turn R, cross over (face 9.00)

6LF step backwards

[13-18] ½ Turn R, 1 1/8 Turn R, Twinkle

1RF ½ Turn R, step forward

2LF Touch together, start 1 1/8 turn R

3 End 1 1/8 turn R (face 4.30)

4LF Step forward

5RF 1/8 Turn L, step right (face 3.00)

6LF 1/8 Turn L, step forward (face 1.30)

[19-24] Step Forward, Battema, 1/2 Turn L, Step Forward 4x

1RF Step forward

2LF Lift leg backwards

3LF Touch together, 1/2 turn L (face 7.30)

4LF Step forward

5RF Step forward

&LF Step forward

6RF Step forward

[25-30] Step Forward, 1 1/4 Pirouette L, Step Forward 2x, 1/2 Turn R

1LF Step forward

2RF 1 1/4 Turn L, hitch with knee open

3 End 1 1/4 turn L (face 4.30)

4RF Step forward

5LF Step forward

6RF 1/2 Turn R, weight change (face 10.30)

[31-36] Hitch And Cross Over 2x, 1/2 Turn L, 1/8 Turn R, Cross Shuffle 1/4 Turn R

1LF Hitch and cross over

2RF Hitch and cross over

3LF ½ Turn L, weight change (face 4.30)

4RF Step forward

5LF 1/8 Turn R, step left (face 6.00)

&RF ¼ Turn R, cross over (face 9.00)

6LF Step backwards

[37-42] ½ Turn R, 1 1/8 Turn R Lift L Leg, Step Backwards 2x, Touch Together

1RF ½ Turn R, step forward (face 3.00)

2LF Start 1 1/8 Turn R, lift backwards bended

3 Ending 1 1/8 turn (face 4.30)

4LF Step backwards

5RF Step backwards

6LF Touch together

[43-48] 1/8 Turn L, Forward 2x, ½ Turn L, Step Forward, ¼ Turn L, Touch R, Step R, Touch Together

1LF 1/8 Turn L, step forward (face 3.00)

2RF Step forward

3LF ½ Turn L, step forward (face 9.00)

4RF ¼ Turn L, step right (face 6.00)

5RF Slide together

6LF Touch together

Diamond and higher are allowed to dance count 26 and 27 with the RF touched together.

Special Edit: please contact the WCDF Music Board