

Simply Polka

LINEDANCE.COM

Count: 32

Wall: 1

Level: Easy Beginner

Choreographer: Don Pascual (March 2013)

Music: Traditionnal Polka music

This dance is specially dedicated to the « Chinook Country Line Dancers » of Calgary (Canada)

Line dance inspired by the Patty Cake Polka (mixer dance)

Start after 8 counts - Just follow the beat of the music...

Section 1: (L Heel forward, Touch L beside R) x2, shuffle to the L, (stomp up R beside L) x2

1-4: L heel forward, touch L beside R, L heel forward, touch L beside R

5&6: Step L to the L, step R beside L, step L to the L

7-8: Stomp up R beside L, stomp up R beside L

Section 2: (R Heel forward, Touch R beside L) x2, shuffle to the R, (stomp up L beside R) x2

1-4: R heel forward, touch R beside L, R heel forward, touch R beside L

5&6: Step R to the R, step L beside R, step R to the R

7-8: Stomp up L beside R, stomp up L beside R

Section 3: (Stomp L forward, clap, clap, ½ T to the R and stomp R forward , clap, clap) x2

1&2: Stomp L forward, clap, clap

3&4: ½ T to the R and stomp R forward, clap, clap

5&6: Stomp L forward, clap, clap

7&8: ½ T to the R and stomp R forward, clap, clap

Section 4: Walks forward, point L to the L, clap clap, L back step, R beside L, knees bent, straight

1-2: Step L forward, step R forward

3&4: Point L to the L, clap, clap

5-6: L back step, R beside L

7-8: Knees bent (knees outward), recover

Style: Hands at your waist during the whole dance

Have fun with this dance...

Contact: countryscal@orange.fr