

THE BALLROOM WALTZ

LINEDANCE.COM

Count: 36 **Wall:** 2 **Level:** intermediate waltz

Choreographer: Jan Wyllie

Music: Hangin' In And Holdin' On by David Ball

- 1-3** Stride/step forward on left, step right beside left, step left beside right
- 4-6** Rock/step to right side on right, rock weight to left, step right beside left
- 7-9** Step forward on left & slowly pivot $\frac{1}{2}$ turn right, transfer weight to right
- 10-12** Step left to left side, step right behind left, making $\frac{1}{4}$ turn left step forward on left
- 13-15** Rock/step right to right side, rock/step left to left side, rock/step right to right side

SAILOR SHUFFLES

- 16-18** Step left behind right, step right slightly back & to right side, step left slightly to left side
- 19-21** Step right behind left, step left slightly back & to left side, step right slightly to right side
- 22-23** Step back on left, touch right toe back at 45 degrees right (turning body to follow toe)
- 24** Hold
- 25** Turning body to the front step forward on right
- 26** Touch left toe forward at 45 degrees left (turning body slightly left to follow toe)
- 27** Hold
- 28-29** Rock/step forward on left, rock/step back on right
- &30** Making $\frac{1}{4}$ turn left step left-right together in place
- 31-33** Step forward on left, step forward on right & pivot $\frac{1}{2}$ turn left, transfer weight to left
- 34-35** Step forward on right, step forward on left making $\frac{1}{2}$ turn right

36 Making ½ turn right step forward on right

REPEAT

The dance finishes facing the front on the last wall (9th). On counts 7-8-9 do this instead of pivoting

7-8&9 Step forward on left, slide right to right, step right beside left, touch left heel forward and look down at floor

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=64051