

Swing Thing-A-Ling

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Count: 48

Wall: 4

Level: Improver

Choreographer: Christina Johnsson & Urban Danielsson (Sweden) Jan 2013

Music: 'Mood Swing Thing-a-Ling' by Sally Burgess. CD: Reach for the Rhythm

16 counts intro, starts on vocal (available at Itunes)

Tag / Restart: There is one Restart during wall 4.

Section 1: Cross toes touch and small step forward x 4

- 1-2 Touch right toes in front of left foot, step right foot small step forward
- 3-4 Touch left toes in front of right foot, step left foot small step forward
- 5-6 Touch right toes in front of left foot, step right foot small step forward
- 7-8 Touch left toes in front of right foot, step left foot small step forward

Section 2: Run x 3, hold, step ½ pivot, step forward

- 9-10 Step right small step forward, step left small step forward
- 11-12 Step right small step forward, hold
- 13-14 Step left forward, ½ pivot turn right step down on right foot (6:00)
- 15-16 Step left foot forward, hold

Section 3: ½ turn x 2, step forward, hold, kick-ball-point, hold

17-18½ turn left step right back, ½ turn left step left forward

- 19-20 Step right foot forward, hold

Easy option: Counts 17-20: Run, run, run, hold

[17-20] Step right small step forward, step left small step forward, Step right small step forward, hold

- 21-22 Kick left foot forward, step down on left next to right
- 23-24 Point right toes to right side, hold

Section 4: Jazz box, Dwight swivels to right

- 25-26 Cross right over left foot, step back on left foot
- 27-28 Step right to right side, step left next to right

- 29-30** Swivel left heel right touching right toes beside left, swivel left toes right touching right heel diagonally forward right
- 31 - 32** Swivel left heel right touching right toes beside left, swivel left toes right touching right heel diagonally forward right

Restart: Restart the dance from the beginning on wall 4.

Easy option: Counts 29-32: Vine right, step cross

[29-32] Step right to right, step left behind right, step right to right, step left across in front of right

Section 5: Side rock-recover, step cross, hold, $\frac{1}{4}$ turn right x 2, step cross, hold

- 33-34** Rock right to right side, recover weight onto left
- 35-36** Step right foot across in front of left, hold
- 37-38 $\frac{1}{4}$ turn right step back on left foot, $\frac{1}{4}$ turn right step side on right foot (12:00)**
- 39-40** Step left foot across in front of right, hold

Section 6: Monterey $\frac{1}{4}$ right, kick, hook, kick, flick

- 41-42** Point right toes to right side, $\frac{1}{4}$ turn right step right next to left foot (3:00)
- 43-44** Point left toes to left side, step left foot next to right
- 45-46** Kick right foot forward, hook right foot over left
- 47 - 48** Kick right foot forward, flick right foot back

Easy option: Counts 45-48: Heel dig, hook, heel dig, flick

[45-48] Dig right heel forward, hook right over left, dig right heel forward, flick right back

RESTART and ENJOY!

Ending: Jazz box $\frac{1}{4}$ turn right, point, touch, point and pose

On wall 9 replace section 4 with the following steps:

- 25-26** Cross right over left foot, step back on left foot
- 27-28** Turn $\frac{1}{4}$ right step right to right side, step left next to right (12:00)
- 29-30** Point right toes to right side, touch right next to left

31-32 Point right toes to right side, hold and pose

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