

# STRANGLE HOLD

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** intermediate

**Choreographer:** Jan Wyllie

**Music:** What Kind Of Hold by David Ball

**1** Rock/step right to right side while raising left heel

**2** Transfer weight to left while lowering left heel

**3-4** Stamp right beside left, hold

## COASTER STEP

**5&6** Step back on left, step right beside left, step forward on left

**7-8** Step forward on right & pivot  $\frac{1}{4}$  turn left transferring weight to left

**9-10** Touch right heel across in front of left, step right forward

**11-12** Touch left heel across in front of right, step left forward

**13-14** Touch right heel across in front of left, touch right heel to right side

**15-16** Touch right heel across in front of left, step right heel to right side making  $\frac{1}{4}$  turn left

**17-18** Touch left toe behind right foot & pivot  $\frac{1}{2}$  turn left, transfer weight to left

**19-20** Step forward on right & pivot  $\frac{1}{2}$  turn left, transfer weight to left

**21&22** Shuffle forward right-left-right

**23&24** Shuffle forward left-right-left

**25-26** Step forward on right & pivot  $\frac{1}{4}$  turn left, transfer weight to left

**27-28** Step forward right, hold

**29-30** Making a full turn right step forward left-right

**31&32** Shuffle forward left-right-left

**REPEAT**

**If using "What Kind Of Hold" by David Ball, on wall 5 (when facing the front again) replace count 27 with a stamp and restart the dance again after count 28.**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=40845](https://www.linedance.com/index.php?f=dance_view&id=40845)