

# Shiftwork

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**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Helen Born & Nita Lindley (USA) Jan 08

**Music:** Shiftwork by Kenny Chesney & George Strait, CD: Just Who I Am: Poets & Pirates

## ROCK RIGHT & LEFT, TRIPLE STEPS

**1-2-3&4** Rock right behind left, recover left, triple in place right, left, right

**5-6-7&8** Rock left behind right, recover right, triple in place left, right, left

## FORWARD ROCK, BACK ROCK, TRIPLES IN PLACE

**1-2-3&4** Rock forward right, recover left, triple in place right, left right

**5-6-7&8** Rock back left, recover right, triple in place left, right, left

## RIGHT & LEFT LOCK STEPS, SHUFFLES FORWARD

**1-2-3&4** Step right forward, lock left behind right, forward shuffle right, left, right

**5-6-7&8** Step left forward, lock right behind left, forward shuffle left, right, left

## PIVOT $\frac{1}{2}$ LEFT SHUFFLE, PIVOT $\frac{1}{4}$ RIGHT TRIPLE IN PLACE

**1-2-3&4** Step right forward, pivot  $\frac{1}{2}$  left, shuffle forward right, left, right

**5-6-7&8** Step left forward, pivot  $\frac{1}{4}$  right, triple in place left, right left

## Begin again