

# Shades On

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**Count:** 32      **Wall:** 4      **Level:** Newcomer / Novice

**Choreographer:** Candee Seger - April 2018

**Music:** "Shades On" by The Vamps Night and Day (Night Edition)

## **Count In: 16 counts in (approx. 8 seconds)**

**Notes: No Tags, No Restarts**

### **[1-8] Step R, Lean w/L Flick Back, Step, R Hitch, Triple Forward, Rock, Recover**

- 1 2**      Step R (1), Lean forward on RF L leg Flick back w/ bent Knee (2)  
**3 4**      Step on L (3), Hitch R leg up high (exaggerated) in front (4)  
**5&6**      Step R forward (5), Step L forward (&), Step R forward (6)  
**7 8**      Rock L forward (7), Recover R (8)

### **[9-16] Rock Back, Recover, Step Forward 1/2 R Turn, Rock Recover, Step Back w/2 claps - 6:00**

- 1 2**      Rock L back (1), Recover R (2)  
**3 4**      Step L Forward (3), Pivot 1/2 R (4)  
**5 6**      Rock L Forward (5), Recover R (6)  
**7&8**      Step L Back (7), Touch R next to L, clapping hands (&8)

### **[17-24] Vine Right, Touch, Step Forward, Touch, 1/4 R, Touch**

- 1 2**      Step R to R side (1), Step L behind R (2)  
**3 4**      Step R to R side (3), Touch L next to R (4)  
**5 6**      Step L Forward (5), Touch R to L Heel (6)  
**7 8**      Step R 1/4 R (7), Touch L next to R (8) 9:00

### **[25-32] Side Triple L, Cross Rock, Recover, Step, Kick Ball Touch, Heel Tap Swivels w/Bump \*(Option-Hold)**

- 1&2**      Step L to L side (1), Step R next to L (&), Step L to L side (2)  
**3 4**      Cross R over L (3), Recover L (4)  
**5**      Step R next to L  
**6&7**      Kick LF Forward (6), Step on L (&), Touch R next to L (7)

**&8** Tap R Heel to R (&), Tap R Heel Home (8) -this will also cause your hip to Bump Out (&), In (8)

**\* EASY Option is to HOLD for &8**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=124703](https://www.linedance.com/index.php?f=dance_view&id=124703)