

# The Bop

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**Count:** 32      **Wall:** 4      **Level:** Improver

**Choreographer:** Christine Steindl (Austria) July 2016

**Music:** The Bop by Ms Jody

## **Intro: 32 cts**

**[1-8] Kick Ball Point R, Hip-Bumps L, R, 1/4 Hip-Bump Turn R, Sweep Back Locking Triples R, L**

**1&2(1) kick R forward, (&) step R next to left, (2) point L forward**

**3&4(3) bump hips L forward, (&) bump hips R back, (4) make 1/4 Turn R as you bump hips L  
- 3:00**

**5&6(5) sweep R as you step back R, (&) cross L over right, (6) step back R**

**7&8(7) sweep L as you step back L, (&) cross R over left, (8) step back L**

## **[9-16] Touch Back R, Unwind 1/2 Turn R, Side-Rocks L, R, L**

**1-2(1) point R back, (2) make 1/2 Turn R - 9:00**

**3-4&(3) rock L to left, (4) recover on R, (&) step L next to right**

**5-6&(5) rock R to right, (6) recover on L, (&) step R next to left**

**7,8(7) rock L to left, (8) recover on R**

## **[17-24] 1/4 Sailor Turn L, Toe Struts with Hip Bumps R, (Turning) Toe Struts with Hip Bumps L, R**

**1&2(1) cross L behind right, (&) make 1/4 Turn L as you step R to right, (2) step L forward -  
6:00**

**3&4(3) touch ball of R forward as you bump hips forward, (&) bump hips back, (4) drop R  
heel as you bump hips forward**

**5&6(5) touch ball of L forward as you bump hips forward, (&) bump hips back, (6) drop L  
heel as you bump hips forward**

**7&8(7) touch ball of R forward as you bump hips forward, (&) bump hips back, (8) drop R heel as you bump hips forward**

**Turning option:-**

**5&6(5) touch ball of L forward as you bump hips forward, (&) bump hips back, (6) drop L heel as you make 1/2 Turn R - 12:00**

**7&8(7) touch ball of R back as you bump hips back, (&) bump hips forward, (8) drop R heel as you make 1/2 Turn R - 6:00**

**[25-32] Jazz Box L, Jazz Box L with 1/4 Turn L Triple Step**

**1,2,3,4(1) cross L in front of right, (2) step R back, (3) step L to left, (4) step R forward**

**5,6(5) cross L in front of right, (6) step R back**

**7&8(7) make 1/4 Turn L as you step L to left, (&) step R next to left, (8) step L to left - 3:00**

**Repeat and have fun**

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