

Sailing on The Seven Sea's

LINEDANCE.COM

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Lauren (Dusty Boots)

Music: Sailing on the sevens sea's of love (US Version) by O.M.D (126 B.P.M)

32 count intro from 1st heavy beat (**1 restart)

Section 1: Rock fwd Right over Left. Right chassis . Left ¼ pivot. Left cross shuffle

1-2 Rock forward Right over left.

3&4 Chassis to right, stepping right, left, right (make ¼ turn right on 4) 3oclock 5-6 Step forward on left make ¼ pivot right. Weight on right 6oclock

7&8 Cross shuffle Left, Right, left.

Section 2: Step to Right making ¾ turnover left, Right shuffle,Rock fwd, Left coaster step.

1-2 ¼ turn left stepping back on right. ½ turn left stepping forward on left 9oclock

3&4 Shuffle forward- Right, left, right

5-6 Rock forward on left-weight on right

7&8 Step back on left, step back right next to left-step forward left.

**Wall 5- Section 2 on Counts 7&8 make - Coaster ¼ Left Re-start from beginning of dance

Section 3: Step fwd Right 1/4turn Left. Right kick ball cross. Sway hips. Right chassis

1-2 Step forward on right make ¼ turn left. (Weight on left) 6 o clock

3&4 Kick right, step on right, cross step left over right

5-6 Small step to right Swaying hips right-left

7&8 Chassis to right stepping right, left, right

Section 4: Rock forward Left. Left Kick ball cross,Sway Hips. Left Chassis

1-2 Rock forward left over right. Weight back on right

3&4 Kick Left. Step on left, cross step right over left

5-6 Small step left, swaying hips left-right

7&8 Chassis to left stepping left, right, left

Section 5: Rock forward Right, triple 1/2 turn. Rock forward Left, triple 3/4 turn left.

- 1-2 Rock forward right over left, weight back on left
3&4 Triple 1/2 turn right stepping right, left, right
5-6 Rock forward left over right, weight back on right
7&8 Triple 3/4 turn left stepping left, right left 3 o'clock

Section 6: Cross Rt over Lft. Right Sailor step. Cross Left. over Rt. Left sailor step

- 1-2 Cross Right over left, Step left to left side
3&4 Step behind on right, step on left. Step right to right side
5-6 Cross Left over right, step right to right side
7&8 Step behind on left, step on right. Step left to left side

Section 7: Rock fwd. Right shuffle back. Rock back on Left. Left shuffle forward.

- 1-2 Rock forward on right. Left in place
3&4 Right shuffle back-Right-left-right
5-6 Rock back on left. Right in place
7&8 Shuffle forward Left, right, left.

Section 8: Step Fwd on Rt/ 1/4 pivot . Rt shuffle fwd. Step Fwd Lef t. 1/2 turn. Left shuffle Fwd.

- 1-2 Step forward on right make 1/4 turn left (weight on left)
3&4 Shuffle forward right, left, right
5-6 Step forward on left, Make half turn right 6 o'clock
7&8 Shuffle forward on left, right, left.

Start again. Have fun!

laurendustyboots@hotmail.com - www.dustybootsdance.co.uk