

The Beat of Your Heart

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Count: 48 **Wall:** 2 **Level:** Beginner

Choreographer: Moni Hartmann (28.04.2013)

Music: The Beat of Your Heart by Danny June Smith

Start with singing

[1 - 8] Chasse r, LF rock back, chasse left, RF rock back

1 & 2RF step right, LF close to RF , RF step right

3, 4LF step back, lift RF, weight back on RF

5 & 6LF step left, RF close to LF , LF step left

7, 8RF step back, lift LF, weight back on LF

[9 - 16] RF step forward, ½ turn left, shuffle forward r, LF rock forward, coaster step

1, 2RF step forward, ½-turn left on both feet, weight on LF

3 & 4RF step forward, LF close to RF, RF step forward

5,6LF step forward, lift RF, weight back on RF

7 & 8LF step back, RF close to LF , LF step forward

In 2nd Round - Restart Here

[17 - 24] Monterey ½ Turn Right, 2 x

1 ,2RF toes touch to right side, ½ turn right, RF next to LF, weight on RF

3 ,4LF toes touch to left side, LF next to RF, weight on LF

5, 6RF toes touch to right side, ½ turn right, RF next to LF, weight on RF

7, 8LF toes touch to left side, LF next to RF, weight on LF

In 6th Round - Restart Here

[25 - 32] RF side rock, cross shuffle left, ½ turn right, cross shuffle

1,2RF step to right, lift LF , weight back on LF LF

3 & 4RF cross LF, LF close to RF ,RF cross LF

5,6LF step back with $\frac{1}{4}$ -turn on RF, RF step right with $\frac{1}{4}$ turn on LF

7 &8LF cross RF RF close to LF, LF cross RF

[33 - 40] RF side rock, behind side cross, LF side rock, coaster step with $\frac{1}{4}$ turn left

1,2RF step right, lift LF, weight back on LF

3 & 4RF cross behind LF LF step left, RF cross LF

5, 6LF step to left, lift RF, weight back on RF

7 & 8LF step back with $\frac{1}{4}$ -Drehung on RF, RF close to LF, LF step forward

[41 - 48] RF rock forward, $\frac{1}{2}$ -shuffle turn right, step $\frac{1}{4}$ -turn right, behind side cross

1, 2RF step forward, lift LF, weight back on LF

7 & 8 $\frac{1}{2}$ -turn right with 3 Cha-Cha-steps (RF, LF, RF)

In 9th Round: slowly ending of the dance.

5, 6LF step forward, $\frac{1}{4}$ -turn on both feet, weight on RF

7 & 8LF cross behind RF, RF step right, LF cross RF

Here dance starts again

Contact: moni.hartmann@yahoo.de