

UNCHAINED BOOGIE WOOGIE

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Count: 64 **Wall:** 4 **Level:** —

Choreographer: Su Marshall

Music: Take These Chains From My Heart by Lee Roy Parnell

JAZZ SQUARE WITH TURN, SCOOT, STEP, ROCK BACK, ROCK FORWARD, STEP

1-2 Step across with right, step back on left

3¼ turn to the right & step forward on right

4 Hop forward on right (keeping close to ground - "scoot")

5-6 Step forward on left, rock back onto right

7-8 Rock forward onto left, step forward on right

TURN, STEP, TURN, TAP HEEL, KICK SIDE, GRAPEVINE WITH ¼ TURN, STEP

1½ turn to the left on ball of left foot (transferring weight onto left - "pivot" turn)

2 Step forward on right

3½ pivot turn to the left

4-5 Tap right heel forward, kick right foot to right side

6 Cross behind with right

7-8¼ turn to the left & step forward on left, step forward right

TURN, STEP, TURN, CLAP, STAMP FORWARD, HEEL STAMPS

1½ pivot turn to the left

2 Step forward on right

3-4½ pivot turn to the left, clap

5-6-7-8 Stamp right foot forward, stamp right heel in place 3 times (ball of right foot shouldn't leave the ground)

KICK, STEP BACK, TOUCH BACK, STEP, STAMP FORWARD, HEEL STAMPS

1-2 Kick right foot forward, step back on right

3-4 Touch left toe back, step forward on left

5-6-7-8 Stamp right foot forward, stamp right heel in place 3 times. (as above)

CROSS, CLICK, UNWIND, CLICK, HEEL SHIFTS RIGHT, LEFT, RIGHT, CENTER

1-2 Cross right over left, click fingers of right hand (to side)

3-4 Unwind $\frac{1}{2}$ turn to the left, click fingers of right hand (to side)

5-6 With feet together swing both heels to right side, swing heels to left side

7-8 Swing heels to right, swing heels to center

HEEL, TOE, HEEL, TOE, KICK TWICE, COASTER

1-2 Tap right heel forward, tap right toe to side (turn knee inwards)

3-4 Repeat heel / toe movement

5-6 Kick right foot forward twice

7&8 Step back on right, close left to right, step forward on right

CROSS-OVER GRAPEVINE WITH $\frac{1}{4}$ TURN, CROSS-OVER GRAPEVINE WITH $\frac{1}{2}$ TURN

$1\frac{1}{4}$ turn to the left & step left foot across right

2-3 Step right to side, cross left foot behind

4 Touch right toe to side

5 Step right foot across left

$6\frac{1}{4}$ turn to the right & step back on left

$7-8\frac{1}{4}$ turn to the right & step to side on right, step left across

TOUCH SIDE, CLOSE, TURN HEAD RIGHT, LEFT, STEP, SIDE, HOLD, SIDE-SHUFFLE, CLAP

1-2 Touch right toe to side, close

3-4 Turn head to face right side, turn head to face left side

5-6 Step left foot to side, hold for 1 count

&7-8 Close right foot to left, step left foot to side, clap

REPEAT