

# STEADY ROCKS

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**Count:** 32      **Wall:** 4      **Level:** Beginner / Intermediate

**Choreographer:** Moses Bourassa, Jr. & Barbara Frechette

**Music:** See List

## Music

**Rocks In Your Shoes by Emily West**

**Midnight Sun By Garth Brooks**

**Everybody's Gonna Dance Tonight by Magill**

**Nothing's Gonna Stop Us Now by Jefferson Starship**

**When using Midnight Sun by Garth Brooks start dance after the word Wagon, Others start on Vocals**

**Syncopated Weaves with Forward Heels**

**Steps 1-2 .... Step right to right side, step left behind right**

**Steps &3 ..... step right to right side ,place left heel slightly diagonally forward**

**Steps &4 ..... step left to left side ,cross right over left**

**Steps 5-6 .... Step left to left side ,step right behind left**

**Steps &7 .... Step left to left side ,place right heel slightly diagonally forward**

**Steps &8 ..... step right next to left ,step left forward**

**Forward Step, 1/2 CCW Turn, 1/2 CCW Turning Shuffle, Rock Step, Recover Step, 1/2 CW Turning Shuffle**

**Steps 1-2 .... Step forward on right ,step left making  $\frac{1}{2}$  CCW Turn**

**Steps 3& ..... step right making  $\frac{1}{4}$  CCW Turn, step left making  $\frac{1}{4}$  CCW Turn**

**Step 4 ..... Step back on right**

**Steps 5-6 ..... rock back on left ,recover on right**

**Steps 7& .... Step left making  $\frac{1}{4}$  CW Turn , step right making  $\frac{1}{4}$  CW Turn**

**Step 8 ..... step left next to right**

**Monterey Turn with  $\frac{1}{4}$  CW Turn,Forward Shuffle,Forward Step, $\frac{1}{4}$  CW Turn**

**Steps 1-2 ..... point right toe to right side ,step right next to left making  $\frac{1}{4}$  CW Turn**

**Steps 3-4 ..... point left to left side ,step left next to right**

**Steps 5&6 .... Shuffle forward right left,right**

**Steps 7-8 ..... step forward on left ,step right making  $\frac{1}{4}$  CW Turn**

**Cross Shuffle,Modified Coaster Step With  $\frac{1}{4}$  CCW Turn,Modified Cross Shuffle with  $\frac{1}{4}$  CW Turn, $\frac{1}{4}$  CW Turn,Forward Step**

**Steps 1&2 ..... Cross left over right,step right to right side,cross left over right**

**Steps 3& .... Step right to right side,step left back making  $\frac{1}{4}$  CCW Turn**

**Step 4 ..... Step forward on right**

**Step 5&6 .... Step forward on left ,step right making  $\frac{1}{4}$  CW Turn,Cross left over right**

**Steps 7-8 ..... step right making  $\frac{1}{4}$  CW Turn,step forward on left**

**End of Dance**