

# Strip It Down

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Michele Watson – Nov. 2015

**Music:** Strip it Down by Luke Bryan

## **Intro: 16 counts (No Tags or Restarts)**

### **Mambo forward & back, Side Rock Cross R & L**

- 1&2**            Rock forward onto R, Return weight to L, Step R back
- 3&4**            Rock back onto L, Return weight to R, Step L Forward
- 5&6**            Rock R to right side, Recover L, Cross R over L (moving forward)
- 7&8**            Rock L to left side, Recover R, Cross L over R (moving forward)

### **Rumba box, Back, Lock, Back, Shuffle ½ turn**

- 1&2**            Step R to right side. Step L next to R, Step R forward
- 3&4**            Step L to left side, Step R next to L, Step L back
- 5&6**            Step back R, Step L across R, Step R back
- 7&8**            Step L ¼ left, Step R together, Step L ¼ left

### **Step side, rock back, cross (NC2) R & L, Shuffle ¼ turn, Chase ½ turn**

- 1,2&**            Step R to right side, Rock L behind R, Cross R over L (NC2)
- 3,4&**            Step L to left side, Rock R behind L, Cross L over R (NC2)
- 5&6**            Step R to right side, step L next to R, Step R ¼ turn right
- 7&8**            Step L forward, Step R ½ turn right, Step L forward

### **Sway R & L, Shuffle ½ turn, Shuffle ½ turn, Sway R & L**

- 1-2**            Sway R to Right, Sway L to left
- 3&4**            Step R ¼ turn right, Step L next to R, Step R ¼ turn right
- 5&6**            Step L back ¼ turn right, Step R next to L, Step L back ¼ turn right
- 7-8**            Sway R to right, Sway L to left

**Start again...enjoy**

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