

You Better Stop

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Count: 32 **Wall:** 4 **Level:** Intermediate

Choreographer: Maryloo (Oct 2011)

Music: Stop by Sam Brown (Album: The Very Best of Sam Brown)

Intro: 16 counts

Notes : This dance is a Viennese waltz very fast (6/8 timing); I chose to choreograph this dance by sequences of 8 counts .

SWAY TO SIDE, L. ROLLING VINE, R. ROLLING VINE, STEPS (L.R.), CROSS, BACK, BACK

1 Step right swaying to right

2&3¼ turn left stepping left forward, ½ turn to left stepping right right back, ¼ turn left stepping left to side

4 &5¼ turn right stepping right forward, ½ turn right stepping left back, ¼ right stepping right to side,

& 6¼ turn right stepping left forward, step right forward (3.00)

7&8 Cross left sweeping over right, step right back, step left back

R. COASTER STEP, RUN FORWARD (L.R.L.), ROCK BACK, RECOVER, ½ TURN LEFT STEPPING R. BACK, SAILOR ¼ TURN LEFT

1&2 Big step right back, drag left together, step right forward

3&4 Step left forward, step right forward, step left forward

5-6 Rock right back, recover on left

&½ turn left stepping right back (9.00)

7&8 Step left slightly behind right, ¼ turn left stepping right next to left, step left slightly forward (6.00)

Restart here during 6th wall (3.00) - (6th wall begins facing 9.00) - RESTART FACING 3.00, this will begin 7th wall

Tag here during 8th wall (6.00) : make a Hold during 4 counts and continue the dance

BALL/POINT TO SIDE WITH A ¼ TURN TO RIGHT, ¼ LEFT & DROP L., FULL TURNS (1/4-1/2-1/2-1/2) , STEP, STEP, RUN FORWARD (R.L.R.), ROCK FORWARD

&1 Ball/step right on place with a ¼ turn right, touch/point left to side (9.00)

2¼ turn to left and drop left foot in place (6.00)

&3¼ turn left stepping right back (3.00), 1/2 turn left stepping left forward (9.00)

&4½ turn left stepping right back (3.00), ½ turn left stepping forward (9.00)

&5 Step right forward, step left forward

6&7 Step right forward, step left forward, step right forward

8& Rock left forward, recover on right

L. BACK , R. BACK WITH SWEEPING, BEHIND, SIDE, CROSS (R. & L. SIDE), RECOVER, SWAYING R. & L.

1 Step left back sweeping right from front to back

2 Step right back sweeping left from front to back

3&4 Step left behind right, step right to side, cross left over right

5&6 Step right behind left, step left to side, cross right over left

Restart here during 3rd wall after 5&6&.....(3.00)

7&8 Recover back on left, step right swaying to right side, step left swaying to left side

RESTART :

On the 3rd wall, there is a restart at the 30 th count :

5&6&: Step right behind left, step left to side, cross right over left , recover on left(&) then restart from the beginning (3.00)

On the 6th wall , dance up the 16 first counts and then restart from the beginning (3.00)

TAG: On the 8th wall after 16 counts (6.00), add 4 counts HOLD before continuing the dance

Option: Cross right over left (lock) and make an UNWIND full turn to the left during the 4 counts

Easy option: Describe a circle by raising arms stretched out in front of the body and get down again them laterally.

Have Fun !

Contact choreographer : malouwin@hotmail.fr

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