

# Shady

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**Count:** 32

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Darren Bailey , Fred Whitehouse , Amy Glass – Dec 2016

**Music:** Shady by Adam Lambert

## Intro: 32 Counts

**Pattern:** 32, Tag1, 32, Tag 2, 16 Restart, 32, Tag 1, 32, Tag 2 Only  $\frac{1}{2}$  , 32, 32, 32

**Heel, Step, Lock, Step, Step, Lock with pop, Step forward,  $\frac{3}{4}$  chase turn R, Drag**

- 1-2&** Step forward on Heel of RF, Make a  $\frac{1}{8}$  turn R step LF to L side, Make a  $\frac{1}{8}$  turn L and lock RF behind LF
- 3&4** Step forward on LF, Make a  $\frac{1}{8}$  turn L and step RF to R side, Close LF next to RF and pop R knee forward (now facing 10:30)
- 5-6** Make a  $\frac{1}{8}$  turn R and step forward on RF, Step forward on LF,
- 7-8** Make a  $\frac{1}{2}$  turn R (weight on RF) Make a  $\frac{1}{4}$  turn R and take a big step to L with LF, (now facing 9 o'clock)

## Syncopated rocks, Sailor step, Behind, side, $\frac{1}{4}$ turn R, Out, Out, Toes, Heels

- 1&2&** Rock forward on RF, Recover onto LF, Rock RF to R side, Recover onto LF
- 3&4** Cross RF behind LF, Step LF to L side, Step RF to R side
- 5&6&** Cross LF behind RF, Make a  $\frac{1}{4}$  turn R and step forward on RF, Step forward on LF, Step out on RF
- 7&8** Step out on LF, Twist both toes in, Twist both heel in (now facing 12 o'clock)

## (Restart here on wall 3)

## Rocking chair with hitches, Step Back drag, Hold, Ball, Step, L Mambo forward

- 1&2&** Rock forward on RF, Recover onto LF, Rock back on RF and hitch L knee, Recover onto LF
- 3&4** Rock forward on RF, Recover onto LF, Take a big step back on RF
- 5&6** Hold, Close LF next to RF, Step forward on RF
- 7&8** Rock forward on LF, Recover onto RF, Close LF next to RF

## Walk R, $\frac{1}{4}$ turn R, Sailor step R, Sailor step L with $\frac{1}{4}$ turn L, Hitch, Touch, $\frac{1}{2}$ turn R

- 1-2** Step forward on RF, Make a  $\frac{1}{4}$  turn R and step LF to L side

- 3&4** Cross RF behind LF, Step LF to L side, Step RF to R side
- 5&6** Cross LF behind RF, Step RF to R side, Make a  $\frac{1}{4}$  turn L and step forward on LF
- &7-8** Hitch R knee, Touch RF back , Make a  $\frac{1}{2}$  turn R (keeping weight back on LF) (now facing 6 O'clock)

### **Tag 1 (back walls)**

#### **Knee Pops**

- 1-2** Step forward on RF and pop L knee, Step forward on LF and pop R knee

### **Tag 2 (front walls)**

- 1-2** Step diagonally forward to R with RF, Step out L with LF
- 3-4** Take a big step back with RF, Close LF next to RF

### **(2nd Time you dance Tag 2 you only dance the first 4 counts)**

- 5-6** Step diagonally forward to R with RF, Step out L with LF
- 7-8** Contract chest x2 on counts 7, 8

**Hope you enjoy the dance. Live to Love; Dance to Express.**

**Last Update - 11th Sept 2017**