

Tearin' Up My Heart

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Count: 32

Wall: 2

Level: Intermediate

Choreographer: George Archer, UK

Music: N' Sync - Tearin' Up My Heart

Intro: Start at first verse: 00:28

HOOK, POINT BACK, STEP-LOCK-STEP, ROCK STEP, ½ TURN STEP, ¼ TURN HOP

- 1-2** Hook right foot in front of left, Point right foot behind
- 3&4** Step forward on right, lock left behind, forward on right
- 5-6** Rock forward on left and recover on right, ½ left
- 7-8** Step forward on left ¼ turn left and hop on left foot

SAILOR STEP ¼ TURN LEFT, STEP, STEP ¼ TURN, SAILOR STEP ¼, HOP, HEEL

- &1&2** Land on right foot, cross left foot behind left, step to side with right, ¼ turn left and step forward on left
- 3-4** Step right forward, step left forward and ¼ turn right
- 5&6** Cross right behind left, step left side, ¼ turn right, step right forward
- 7&8** ¼ turn right, hop on right foot, land on left, stick right heel to side

HEEL, POINT BACK ½ TURN, KICK, POINT, POINT, BOX ¼ TURN

- &1&2** Recover stepping right together, left heel in front, recover left, point right behind
- 3-4** ½ turn right, put weight on right foot, kick left forward
- &5&6** Recover left, point right to side, recover, point left to side
- 7&8** Cross left over right, step right back, ¼ left, step left forward

STEP, SHUFFLE, KICK- ½ TURN- KICK, COASTER STEP, STEP

- 1-2&3** Step right forward, step left in front, bring right together, step left forward
- 4-5** Kick right in front, (keeping right leg in the air) ½ turn right, kick right in front
- 6&7-8** Step right back, left together, right in front, step left forward

REPEAT

RESTART: On 4th wall complete first two sections and start again after hop.

