

ROCKIN' & REELING

LINEDANCE.COM

Count: 48 **Wall:** 4 **Level:** beginner

Choreographer: Hazel Pace

Music: It's A Real Good Feeling by Peter Kent

2 ROCK FORWARD, RECOVER, SIDE SHUFFLE LEFT, ROCK BACK RECOVER, ROCK FORWARD RECOVER

- 1-2 Rock forward on left, recover on right
- 3&4 Step left to left side, right beside left, left to left side (moving slightly back to left diagonal)
- 5-6 Rock back on right, recover on left
- 7-8 Rock forward on right, recover on left

FULL TURN RIGHT, BACK, CROSS, BACK, SIDE, CROSSING SHUFFLE

- 1-2(Moving back), $\frac{1}{2}$ turn right stepping forward on right, $\frac{1}{2}$ turn right stepping back on left
- 3-4 Step back on right, cross left over right
- 5-6 Step back on right, step left to left side
- 7&8 Cross right over left, step left to left side, cross right over left

Alternative:

- 1-2 Walk back right, left

SIDE ROCK RECOVER, CROSSING SHUFFLE, SIDE ROCK RECOVER, CROSSING SHUFFLE

These 8 counts are moving forward

- 1-2 Rock left to left side, recover on right
- 3&4 Cross left over right, right to right side, cross left over right (to right diagonal)
- 5-6 Rock right to right side, recover on left
- 7&8 Cross right over left, left to left side, cross right over left (to left diagonal)

$\frac{1}{4}$ TURN RIGHT, SIDE ROCK RECOVER, SIDE CROSS, $\frac{1}{4}$ TURN RIGHT, KICK

- 1-2 Make $\frac{1}{4}$ turn right stepping back on left, step right to right side (3:00)
- 3-4 Cross rock left over right, recover on right
- 5-6 Step left to left side, cross right over left

7-8^{1/4} turn right stepping back on left, kick right foot forward (6:00)

ROCK BACK, RECOVER, FULL SPIRAL TURN LEFT, HOOK, STEP LOCK, STEP LOCK, STEP

- 1-2** Rock back on right, recover on left
- 3-4** Step forward on right, pivot a full turn left hooking left across right as you finish the turn (moving towards 6:00)
- 5-6** Step forward on left, lock right behind left
- 7&8** Step forward on left, lock right behind left, step forward on left

STEP 1/4 TURN LEFT, STEP 1/2 TURN LEFT, ROCK, RECOVER, SIDE SHUFFLE

- 1-2** Step forward on right, 1/4 pivot turn left
- 3-4** Step forward on right, 1/2 pivot turn left
- 5-6** Rock forward on right, recover on left
- 7&8** Step right to right side, step left beside right, step right to right side

REPEAT