

# Started For Life

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**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Dom Yates (Oct 2012)

**Music:** "Get It Started" by Pitbull Ft. Shakira

## 32 Count Intro (On Shakira Vocals)

**2 Tags : Tag 1 (16 Counts) At End Of Walls 2&4, Tag 2 (4 Counts) At End Of Walls 5&6**

**[1-8] : Forward Rock, Ball Pivot  $\frac{1}{2}$  Turn,  $\frac{1}{4}$  Turn, Weave, Side**

**1,2: Rock forward on right, recover onto left**

**&3,4: Step right next to left, step forward on left, pivot  $\frac{1}{2}$  turn right**

**5: Make  $\frac{1}{4}$  turn right stepping left to side**

**6&7: Cross right behind left, step left to side, cross right over left**

**8: Step left to side**

**[9-16] : Sailor Step, Behind,  $\frac{1}{4}$  Turn, Kick Out Out, Knee Pop  $\frac{1}{4}$  Turn**

**1&2: Cross right behind left, step left in place, step right to side**

**3,4: Cross left behind right, make  $\frac{1}{4}$  turn right stepping forward on right**

**5&6: Kick left forward, step left to side, step right to side**

**7,8: Pop right knee in, recover right making  $\frac{1}{4}$  turn right**

**[17-24] : Forward Rock,  $\frac{3}{4}$  Turn, Sailor  $\frac{1}{2}$  Cross, Hold Ball Cross**

**1,2: Rock forward on left, recover onto right**

**3,4: Make  $\frac{1}{2}$  turn left stepping forward on left, make  $\frac{1}{4}$  turn left stepping right to side**

**5&6: Cross left behind right making  $\frac{1}{4}$  turn left, step right in place, make  $\frac{1}{4}$  turn left crossing left over right**

**7&8: Hold, step right to side, cross left over right**

**[25-32] : Side Rock, Behind, Side Rock, Behind,  $\frac{1}{4}$ ,  $\frac{1}{4}$**

**1,2: Rock right to side, recover onto left**

**3,4: Cross right behind left, rock left to side**

**5,6: Recover onto right, cross left behind right**

**7,8: Make  $\frac{1}{4}$  turn right stepping forward on right, make  $\frac{1}{4}$  turn right stepping left to side**

**[33-40] : Sailor Step, Cross Point, Samba,  $\frac{1}{4}$  Turn**

**1&2: Cross right behind left, step left in place, step right to side**

**3,4: Cross left over right, point right to side**

**5&6: Cross right over left, rock left to side, recover onto right**

**7,8: Cross left over right, make  $\frac{1}{4}$  turn left stepping back on right**

**[41-48] : Coaster Step, Step,  $\frac{1}{2}$  Turn, Back Rock, Full Turn**

**1&2: Step back on left, step right next to left, step forward on left**

**3,4: Step forward on right, make  $\frac{1}{2}$  turn right stepping back on left**

**5,6: Rock back on right, recover onto left**

**7,8: Make  $\frac{1}{2}$  turn left stepping back on right, make  $\frac{1}{2}$  turn left stepping forward on left**

**[49-56] : Forward Rock, Coaster Step, Step Pivot  $\frac{1}{4}$ , Cross, Side**

**1,2: Rock forward on right, recover onto left**

**3&4: Step back on right, step left next to right, step forward on right**

**5,6: Step forward on left, pivot  $\frac{1}{4}$  turn right**

**7,8: Cross left over right, step right to side**

**[57-64] Weave  $\frac{1}{4}$  Turn, Step Touch,  $\frac{3}{4}$  Turn, Coaster Step**

**1&2: Cross left behind right, make  $\frac{1}{4}$  turn right stepping forward on right, step forward on left**

**3,4: Step forward on right, touch left next to right**

**5,6: Make  $\frac{1}{2}$  turn left stepping forward on left, make  $\frac{1}{4}$  turn left stepping back on right**

**7&8: Step back on left, step right next to left, step forward on left**

### **Start Again**

### **Tag 1 (End Of Walls 2 & 4)**

**[1-8] : Step, Forward Rock, Step Back, Weave  $\frac{1}{4}$  Turn, Side Rock**

**1,2,3,4: Step forward right, rock forward on left, recover onto right, step back on left**

**5&6: Make  $\frac{1}{4}$  turn left crossing right behind left, step left to side, cross right over left**

**7,8: Rock left to side, recover onto right**

**[9-16] : Weave, Side, Touch,  $\frac{3}{4}$  Turn, Coaster Step**

**1&2: Cross left behind right, step right to side, cross left over right**

**3,4: Step right to side, touch left next to right**

**5,6: Make  $\frac{1}{4}$  turn left stepping forward on left, make  $\frac{1}{2}$  turn stepping back on right**

**7&8: Step back on left, step right next to left, step forward on left**

### **Tag 2 (End Of Walls 5 & 6): Rocking Chair**

**1,2,3,4: Rock forward on right, recover onto left, rock back on right, recover onto left**