

# Rise Up To The Sky

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**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Ross Brown (UK) April 2014

**Music:** Rise Up by Freaky Fortune feat. Riskykidd. CD: Rise Up - Single [Length - 3:04 - 128 BPM]

**Intro: 32 Counts (Approx. 15 Secs)**

**Restart 1: On Wall 2, Restart after 32 Counts (\*R1\*) facing Front Wall.**

**Restart 2: On Wall 6, Restart after 8 Counts (\*R2\*) facing Front Wall.**

**Alternative Music: How I Feel by Flo Rida [Length - 2:50] (No Restarts Needed)**

**BACK. KICK, BALL. BACK, TOGETHER. WALK FORWARD. TOUCH TURNS ½ TURN L.**

- 1 Step back with right.
- 2 & Kick left foot forward, step left foot next to right.
- 3 - 4 Step back with right, step left next to right.
- 5 - 6 Walk forward; right, left.
- 7 - 8 Make a ¼ turn left touching right to the right, make a ¼ turn left touching right to the right.  
(6 O'CLOCK)

**(\*R2\*)**

**SAMBA STEP. CROSS, SIDE. SAILOR ¼ TURN L. HOLD, BALL, STEP.**

- 1 & 2 Cross step right over left, step left to the left, step right next to left.
- 3 - 4 Cross step left over right, step right to the right.
- 5 & 6 Make a ¼ turn left stepping; left behind right, right next to left, forward with left.
- 7 & 8 Hold for Count 7, step right next to left, step forward with left. (3 O'CLOCK)

**HITCH, TOUCH BACK. TWIST / DIP ¼ TURN R. HITCH, TOUCH LEFT. TWIST / DIP, RECOVER with FLICK.**

- 1 - 2 Hitch right knee up, touch right toe back.
- 3 Make a ¼ turn right twisting body right and dipping down. (Weight ends on right)
- 4 - 5 Hitch left knee up to right, touch left to the left.
- 6 - 7 Twist body left and dip down, recover onto right and flick left to the left. (6 O'CLOCK)

### **JAZZ BOX. CROSS SHUFFLE. SYNCOPATED SIDE ROCKS; LEFT & RIGHT.**

- 8 - 1 - 2    Cross step left over right, step back with right, step left to the left.
- 3 & 4        Cross step right over left, close left up to right, cross step right over left.
- 5 - 6 &     Rock left to the left, recover onto right, step left next to right.
- 7 - 8        Rock right to the right, recover onto left. (6 O'CLOCK)

**(\*R1\*)**

### **BACK, DRAG. BALL, BACK, TOGETHER. SHUFFLE FORWARD. STEP, SPIRAL FULL TURN R.**

- 1 - 2        Step back with right, drag left up to right.
- & 3 - 4     Step left next to right, step back with right, step left next to right.
- 5 & 6        Step forward with right, close left up to right, step forward with right.
- 7 - 8        Step forward with left, make a full turn right hooking right leg across left shin. (6 O'CLOCK)

### **STEP, HOLD. BALL, STEP, HITCH ¼ TURN R. CROSS, BACK ¼ TURN L. SHUFFLE ½ TURN L.**

- 1 - 2        Step forward with right, hold for Count 2.
- & 3 - 4     Step left next to right, step forward with right, make a ¼ turn right hitching left knee up.
- 5 - 6        Cross step left over right, make a ¼ turn left stepping back with right.
- 7 & 8        Shuffle a ½ turn left stepping; left, right, left. (12 O'CLOCK)

### **SYNCOPATED JAZZ BOX. BEHIND, SIDE, CROSS. SIDE, HINGE ½ TURN L.**

- 1 - 2 &     Cross step right over left, step back with left, step right to the right.
- 3 - 4        Cross step left over right, step right to the right.
- 5 & 6        Cross step left behind right, step right to the right, cross step left over right.
- 7 - 8        Step right to the right, make a ½ turn left stepping left to the left. (6 O'CLOCK)

### **SYNCOPATED JAZZ BOX. BEHIND, SIDE, CROSS. HIP BUMPS.**

- 1 - 6        Repeat Counts 1 - 2 &, 3 - 4 and 5 & 6 from the previous Section.
- 7 - 8        Step right to the right bumping right, bump left. (Weight ends on left) (6 O'CLOCK)

**END OF DANCE! □**

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